

You Become My living host as I am Your Living Host

Friday, 9/12/25, The Most Holy Name of Mary

2nd Reflection: *Participate with Me in My long waiting through My groans of love*

Jesus gives me the second meditation of my retreat:

My greatest attribute, mercy, is penetrated and known by a soul only through My Eucharistic life; that is why I have called you, and My little mustard seed, to a greater union with Me in the Eucharist, through a life centered in silence and contemplation of My love crucified before the Living Host. It is through My Eucharistic life that you not only come to know and taste God's infinite mercy, but you come to participate with Me, Mercy itself, in My long waiting through My groans of love. This new life as one with My Eucharistic life is the most perfect participation in the Heart of our Father. Now enter this meditation with the help of My Mother and the Holy Spirit. 7/23/25

- *Participate in the groans of My Sacred Heart as you labor with the pains of bringing forth new life. 9/17/12*

I continued pondering the question the Lord gave me yesterday, “What do you see?”

I see a love that I cannot fathom, a patience beyond my understanding.

A waiting with mercy and tenderness,

A waiting with compassion,

A waiting that is a deep, consuming sorrow expressed in Jesus's groans of love. A groaning that is always present, that never ceases because He is love; His groans of love are expressed through His tears. He cries in the silence and hiddenness of His Eucharistic life.

A waiting that desires for me to discover who He is, to discover the mystery of His Eucharistic life, which is the encounter with the living God.

Gazing at my Lord's waiting with such longing, compassion, tenderness, and mercy confronts me with my lack of patience, compassion, tenderness, and mercy.

A Heart that longs to be discovered, known, and loved.

A Heart that knows, in His infinite waiting, when He must permit suffering in our lives to turn our hardened hearts to Him, to discover God, so that we may know how to live our lives and discern through Him who we are and our purpose as one with Him.

I feel the Lord teaching me through the power of the Holy Spirit how I must “forget myself” by putting aside my feelings of frustration, anger, disappointment, and so on, and just enter into His waiting, His groans, and participate in His life suffering with Him, not mine.

Then I proceeded to search the words the Lord has given me in which He mentions “groans”, “forget yourself”, and live to please Me.”

Groans— 3/11/12, 9/17/12, 10/15/12, 2/24/14, 2/14/23, 3/10/23, 4/4/23, 7/17/23

Forget yourself— 3/1/11, 8/3/16

Live to please Me— 3/18/12, 12/19/21, 12/28/21, 1/4/22, 1/20/22

The word “participate” is key in our formation through the *Simple Path*. Through the years, the Lord has taken us deeper into His Heart so that our participation in His life as one heart with Him also has grown in width, depth, and height, *for the Spirit searches everything, even the depths of God* (1 Cor. 2:10).

It is through My Eucharistic life that you not only come to know and taste God's infinite mercy, but you come to participate with Me, Mercy itself, in My long waiting through My groans of love. 7/23/25

The Path begins in chapter two at the foot of the Cross, asking the Holy Spirit to reveal to us the planks covering the eyes of our hearts (see message 12/12/11). Today, the second day of our Encounter, the Lord brings us back to remember the importance of this initial formation through today's Gospel from Luke. If we do not continue receiving the gift of self-knowledge of our many layers of self-love and repent, the planks of pride remain covering our hearts, making it impossible for us to enter into Jesus' Eucharistic life, gazing on Him, listening, and participating in His continuous groans of love.

Today's Gospel from Luke 6:39-42

He also told them a parable: “Can a blind person guide a blind person? Will not both fall into a pit? 40 A disciple is not above the teacher, but everyone who is fully qualified will be like the teacher. 41 Why do you see the speck in your neighbor's eye, but do not notice the log in your own eye? 42 Or how can you say to your neighbor, ‘Friend, let me take out the speck in your eye,’ when you yourself do not see the log in your own eye? You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your neighbor's eye.

Silent meditation:

- Continue answering the question, *What do you see?* as you gaze at Jesus in the Eucharist.
- Listening attentively to His voice, ponder some of the messages listed in this reflection on Jesus' groans, forgetting ourselves, and living to please Him.
- Ask the Holy Spirit to reveal to you what plank remains in your eyes, keeping you from seeing the gaze of Jesus and hearing His groans.