

You Become My living host as I Am Your Living Host

Thursday, 9/11/25

1st Reflection: *What do you see?*

I wish My little one to give you your first meditation: My humility.

Look at Me, gaze into My hidden presence in the simple, ordinary Host before your eyes, what do you see?

My Lord, I see my God, all-powerful and mighty, hidden, alone, silent in this small Host, yet fully alive and present always.

Yes, My little one, but what else do you see?

At that moment, I felt tears swelling up in my eyes, coming from the depths of my being.

Your tears and your sorrows are My tears and sorrows, for we truly have become one heart. My MOC must be attentive to My tears and sorrows as My Mother is, for she continues to be My Mother of Sorrows as long as I continue to remain in the Tabernacles of the world, abandoned by the vast majority of souls, even My consecrated souls. You are My spouse of My Most Precious Blood, chosen by the Father to remain with Me as one with My Mother, contemplating My sorrows and collecting My tears. This is the work, the beautiful work, of My MOC. These are My Father's holiest women, His white lilies (11-24-08, 6-2-12), because He has declared that My Sacred Heart, wounded and sorrowful for humanity, must be consoled and adored continuously on earth, My Marys of the Tabernacle-calvaries. This is why you are here, alone with Me, your beloved Spouse, to collect My tears for the many sins, especially of priests, and cry with Me through the tears and sorrows I have permitted in your life... This is your work; this is your life, as My spouse of My Most Precious Blood. 7/22/25

In the above message, the Lord only mentions the MOC and not the MC. Is this because the life of intimate union with the sorrows of God is not meant for men? Absolutely not, for Jesus asked His three closest friends, Peter, James, and John, to remain with Him in His most profound and most difficult sorrows of the Heart at Gethsemane. Those three men, even though they were Jesus' closest friends, could not remain accompanying Him in His sorrows and tears.

Unfortunately, this continues to be the situation with the great majority of men. St. Manuel Gonzalez Garcia writes about this situation with men in his book, *What the Heart of Jesus Does and Says in the Tabernacles*, in Chapter 17. God has chosen the MC to be among the few, like St. Manuel Gonzalez Garcia, who can learn and be guided by the MOC to enter and remain in this most intimate union with God, and be transformed into the Johns of the Tabernacle-calvaries. This, too, will require humility from our men, for few are willing to allow themselves to be taught, formed, and guided by very simple ordinary women lacking in worldly prestige, authority, and power. Jesus said to the missionaries of the cross:

I need them (MC) to battle with Me as they begin to live every moment of their lives suffering with Me and trusting wholeheartedly in the way I defeated death—through the

Cross... They must become men of deep silence and prayer; contemplatives of the Cross—the school of Love. Tell them to take their eyes away from the things of the world and learn to keep their gaze on Me. 10/31/24

God chose His most challenging Gospel to open our Encounter. This, too, is significant, for He is desiring to take each of us to perfect Love.

Luke 6:27-36 **Love for Enemies**

But I say to you that listen, Love your enemies, do good to those who hate you,

“But I say to you that listen,” The Lord is about to speak the most radical, challenging words in the Gospel. Only those willing, with humble and very docile hearts, to listen and obey can receive these words. Listening is an art. It is the greatest act of authentic love. To become a listener to God’s words requires training. Only the few followers who are eager to undergo the purification of their hearts will be able to spend their lives, through the grace of the gift of the Holy Spirit, attempting to love in the manner He is asking of us, the love in which God loves us. The more we grow in union with God, the greater our capacity to listen, which is connected to our capacity to love through Christ, with Christ, and in Christ. The Lord then continues in the Gospel of Luke to open our hearts and minds to divine love:

28 bless those who curse you, pray for those who abuse you. 29 If anyone strikes you on the cheek, offer the other also; and from anyone who takes away your coat do not withhold even your shirt. 30 Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. 31 Do to others as you would have them do to you. (Lc 6:28-31)

The first message of this retreat, given to us by the Lord on 7/22/25 above, reveals the profound intimacy in suffering with Christ His sorrows and tears in His Eucharistic life. It is only through this intimate union of love and sorrow with God that a soul can then live these challenging words of our Lord and love our enemies, do good to those who hate us, bless those who curse us, and pray for those who abuse us. Our formation through God’s *Simple Path* perfects us in Love; transforms us into His living hosts capable of loving those most difficult to love with divine love.

32 “If you love those who love you, what credit is that to you? For even sinners love those who love them. 33 If you do good to those who do good to you, what credit is that to you? For even sinners do the same. 34 If you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. 35 But love your enemies, do good, and lend, expecting nothing in return. Your reward will be great, and you will be children of the Most High; for he is kind to the ungrateful and the wicked. 36 Be merciful, just as your Father is merciful.

On July 5th, 2012, the Lord began to make the correlation between our hidden lives and His hidden life in the Eucharist. He was very explicit, letting us know how He continues to love in

the Eucharist and through the Eucharist. This teaching from our Lord was the beginning of our formation as His hidden victims of love through His hidden martyrdom of the Heart.

The Eucharist is the power of God in the world. The love of God is the Eucharist and is transmitted through the Eucharist. Learn about the hidden life by contemplating My Eucharistic life. I am hidden from your human eye but completely present. I am verbally silent, yet My soul speaks to your soul. I am humble, pure, simple, silent, generous, forgiving, merciful, patient, tender. I give Myself fully to the good and the bad, to the deserving and the undeserving, to those that love Me and to those that persecute Me, for when one is not obedient to the precepts of My Church, I am persecuted. I continue to love those who do not love Me. I continue to love those who use Me. I continue to love the unfaithful. I continue to love those indifferent to My love. I am left alone in the Tabernacles of the world with few who come to be with Me, to adore Me, and to give Me thanks. I cry, but My tears are hidden. I intercede continuously before the throne of our Father for all. My hidden life in the Eucharist is seen by Abba and blessed by Him, who sees all.

Your ordinary and hidden life through the Cross becomes united to My Eucharistic life. Your hidden life takes on the same power as My hidden life because we are no longer two but ONE. These are My living hosts. In this union of love, you enter and live in the realm of God. Through Me, with Me, and in Me, your most ordinary life is the power of God. Your thoughts, words, deeds, but most especially your tears and sorrows of heart, possess the power of God to bless the world. Your hidden life, not seen by anyone, is seen by God, and through Me, with Me, and in Me, He blesses many. Your life as ONE with My Eucharistic life moves beyond time and space.

Ponder My Eucharistic life with the Holy Spirit and Mary. I desire for you to help Me form many living hosts to shine the light of God and to pierce the darkness. You grow in holiness as your hidden life is lived to greater perfection in My hidden life. 7/5/12

Now, thirteen years later, He is inviting us into His Eucharistic life to receive the transformation into His living hosts, one with the Living Host. The Encounter of this year will be focused on the words the Lord gave me two months ago during my silent retreat. As He is leading me into a more intimate and purer union in His Eucharistic life, I am called to lead you.

Silent meditation:

- As you sit before Jesus in the Eucharist, He is asking you, ***What do you see?*** Take the time to answer this question and revisit it throughout the weekend. It's amazing how deep the Spirit will take those who take seriously this simple question!
- Read chapter 17, *What the Heart of Jesus Does and Says in the Tabernacle*.