

Silence of the Heart, Sorrows

5

Prayer

On this glorious Saturday of our Blessed Mother, we consecrate this teaching to your heart, Our Lady of Silence, that you continue through the power of the Holy Spirit to form us, teach us, help us, and guide us in the silence of union with our Triune God. Amen.

Following is a message from our Lord given last night before our Holy Hour:

Friday of the MOC Retreat given by Jesus to MOC

My little one, this retreat is being protected by a multitude of angels and saints, for God has found favor with you (pl.). Be prepared for a great battle as you leave, but remain in my peace because you are the women God the Father has chosen to enter Mary's cloister to fight with her the great battle for My Church and souls. Be centered in My Love crucified, for Satan and his principalities cannot do you harm unless you permit him. This retreat has served to arm you in My holiness to defeat the principalities of darkness united as one to My Holy Mother. Rejoice, My little ones, with timbrel and dance, for God's victory is at hand. Remain in the silence of the cloister of My Mother's Immaculate Heart.

10/20/23

We need to take these teachings to heart, especially on silence, so that we are clothed in Mary as God's warriors with her for this great battle.

Silence of the heart and the dark night of desolation

We continue the teachings on the silence of the heart, and I think it's appropriate that we enter this morning in the silence of the dark night of desolation.

Progress in the life of prayer must necessarily pass through what is called the dark night of the senses. This is an experience of dryness in prayer that can involve intense aridity and the feeling of abandonment by God. The purpose of this passive purification is to free us from dependence on sensible consolations and prayers. (Holy Silence, Fr Basil Nortz)

In the first nail¹ of our *Path*, the Lord begins to prepare us for a time of desolation, which is glorious because, in desolation, we are given the opportunity to show Jesus how much we truly love Him. It's easy to love when we are in consolation, but when He hides from us and leaves us in the darkness of faith, it's our opportunity to say, "This is how much I truly love you, my Lord." So, desolation is the most excellent place to stop thinking of ourselves and become faithful spouses of Christ, to love Him, and to be a consolation to Him.

¹ The first nail that pierced Jesus' feet, in the Path C 4, p.187, represents the purification of our desires.

When desolation knocks at the door, like Maria's song, *La Soledad*, says, we should be ready with arms and hearts wide open to prove our love to Jesus. What a blessing.

Desolation, 3/2/2011

The Lord taught us about the silence of desolation and to be grateful when it comes.

In desolation is when your life has the greatest power and is most fecund. In My desolation on the Cross, My life shown most brilliantly the love of God the Father. My desolation made My faith in My Father radiate its perfection. Through My desolation, I gave birth to My Church and all Her sacraments. Through My desolation, I gave birth to all My sons, My priests. Through My desolation, the Holy Spirit expanded the maternal Heart of My Mother to embrace all of humanity.

My sisters, it is in desolation that we, too, radiate who we truly are to God and others. It is in desolation when our husbands, children, and family members can see and witness what true faith, hope, and love look like.

The Lord mentions desolation is how He gave birth to the Church, His priests, and the expansion of Mary's maternal Heart. It is in our times of desolation, lived in the cloister of Mary's Heart as one with her, that the fullness of our feminine maternal hearts takes place, and we're able to bring new life to our families, to souls, to priests, the Church, and new life to the world.

The message continues,

It is in your times of desolation that the Holy Spirit and My Mother wish to unite you more intimately to Me. It is in your times of desolation that you are given the opportunity and grace to suffer with Me. It is through your desolation that you can come to know the pain, suffering, and love of My Heart. It is through your desolation united to Mine that your life will also be most fecund.

My desolation was so important for the salvation of the world that the Father willed for My Mother to continue suffering My desolation on earth. Her suffering of solitude was her continuation of My desolation, and it produced and continues to produce a shower of graces for the world.

When you're in desolation, ponder these words. The Lord has told us that we will be faithful if His words remain in us. These words are a guiding light for each of us.

The desolations and consolations of our life are like the rhythm of waves upon the shore. It's a beautiful part of life. To think that we are called to live this world solely in good times is a lie; it's a distortion of true happiness, of true life. God's greatest gift for us on earth is the waves of desolation because they provide God's cleansing waters of baptism; they anoint, bless, and purify us; they provide the opportunities to enter Mary's solitude and ascend to heaven.

The Lord says that His desolation was so important that God chose for His Mother to remain on earth after Jesus' Ascension in the desolation of Christ crucified so that her maternity would be most fecund for the Church. This is what every Christian is called to do as one with Mary.

We're called to enter with her in Jesus' desolation on the Cross as our total gift of self, thus obtaining immense graces for the Church.

The Lord told us last night that He brought us to this retreat into the cloister of Mary as her maidens to enter the great battle against Satan for His Church and world. How are we going to battle? In the silence of the cloister, in the silence of desolation. The Lord loves us so much that He tells us in advance. What a husband! He told us last night that the angels and saints surround us here, yet, be prepared because tomorrow we're leaving. Then He will take us into desolation. Desolation is going to come and knock at our doors, and this talk is to prepare us to be excited to receive desolation because, without it, God cannot give us life. We can't give life without birth pains. So, the Lord is saying, "I'm going to bless you in Mary, in her solitude, in her desolation. Embrace it to help the Church and to save souls." This is who we are.

The message continues,

I desire for the souls that love Me to live their times of desolation united to Me and completely abandoned to the Holy Spirit. In this way, My hidden force will acquire the power of God to overcome the darkness in the world. My Cross is not My Cross without the power of desolations lived with perfect faith.

As maidens, my sisters, when we leave tomorrow, each of your white horses will be waiting for you. And we're going to mount our horses—the holy women of God. In the Book of Revelation 19:11-14, Jesus is mounted on a white horse, and it says in verse 14, "And the armies of heaven, wearing fine linen, white and pure, were following him on white horses." This is who we are: warriors of God with Christ and the Queen warrior Mother for the great battle. Jesus is our head; He is our General, our Commander in Chief. He teaches us how to battle if we contemplate Jesus crucified. He conquered death and Satan in the silence of suffering for love. It wasn't in the miracles or preaching but on the Cross in desolation and in silence.

Mary is the first warrior that enters, with the Holy Spirit, in the desolation of Christ on earth with mainly the holy women, Mary Magdalene, and others. I went to France on a pilgrimage to the church where her skull is venerated. According to tradition, Mary Magdalene became a hermit after Jesus's death². She was cloistered as one heart with Mary, as were the holy women of God.

The force behind the Church, apostles, and for the men to be who they are called to be, came through the silence of desolation of the warrior women. Nothing has changed, my sisters, in the Church. Satan has tried to destroy womanhood by telling us that we have to fight like men and that we have to become like men. Why? Because then we lose the power of being who we truly are as women. We, the Mothers of the Cross, the maidens of the Cloister of the Immaculate Heart of Mary, are being raised now for the great battle, and it is in silence and desolation that we're going to battle.

² <https://aleteia.org/2019/07/23/reconstructing-the-face-of-mary-magdalene/>

The Silence of Remaining

5/20/22

John 15:9: “Remain in my love.”

2nd Nail of Crucifixion —Patience, Soledad

Jesus continues to “give Himself fully” for me. He remains faithful to me every time I sin and am unfaithful. He remains to receive the thorns of my brokenness and inability to love Him as He has loved me. He doesn’t leave; He doesn’t reject me, criticize me, or separate Himself from me. He remains in the solitude of the Tabernacle for me. He remains in the long-suffering of waiting as He thirsts for my love.

‘Remain’ is a keyword for us. He asked His apostles to remain attentive to Him in Gethsemane, and He continues to plead with His bride, the Church, “Remain with Me in adoration, watch and pray, remain gazing at Me.” Yet, how many remain? Only those that enter the silence of union with God, the silence of Mary. Without working through the different levels of silence that God is revealing to us, it is impossible to remain centered. Last night, He said, “Remain centered in my love crucified, and you will have nothing to fear.” Satan, my sisters, will try to uncenter us when we leave. We need to guard our time of prayer and our gaze and work hard in all these levels of silence. The Lord permitted me to work on this silence document for months so that we can have the treasure of these teachings close to our hearts to meditate daily to help us remain. Treasure what God has given us.

The message continues,

Now, in the second nail of crucifixion, I am called to love as one with Christ. I, too, must choose daily to “remain in love” by receiving the brokenness of souls and choosing to remain in patience, tenderness, merciful, compassionate, slow to anger, and rich in kindness... I need to process my emotions, especially anger, frustration, disappointment, resentment, and sorrow, in silence and prayer and give them to Jesus. I need to choose what pleases Him, forgetting myself, which is to remain in love.

This daily struggle to choose to remain and continue to give myself fully to those most difficult begins to draw my soul into the “Soledad,” an interior desolation of heart that abandons her human desire to be loved the way she longs to be loved by creatures. God, in this second nail of crucifixion, hides from the soul to perfect her in love. Her self-love is dying. She **must choose** the “solitude” solely for the love of Christ to quench His thirst for love.

Highlight the words “We must choose.” Solitude is an act of our will, not of our emotions.

The message continues,

This abandonment to live by giving love, the roses, and receiving the thorns eventually bears the fruit of joy.

That's why the Lord is constantly telling us: "rejoice." I love that He's now telling us to rejoice with timbrel and dance. We're going to dance tonight, so be prepared; it's a celebration because the victory has been won.

Like Mary, the Lord desires for us to live in awe of His gift. She was chosen to be the Mother of the Messiah and lived in continuous awareness of that gift. She never lost the awe. The Magnificat reveals the beauty of that awe. She didn't say, "Oh, I'm not worthy; it can't be me!" She listened, and she received. She didn't quite understand, but she didn't doubt, and she responded to the gift of being chosen. She said, 'Fiat'—and she lived in praise because she knew her lowliness but accepted what God wanted—His will. She lived her whole life giving herself to her beloved Son, serving Him, and serving others in desolation, suffering, difficulties, and trials, but interiorly, she never lost the joy of believing, "I am the chosen one." This is what the Lord said to us last night; the words are so powerful:

Be prepared for a great battle as you leave, but remain in my peace because you are the women God the Father has chosen to enter Mary's cloister to fight with her the great battle.

Therefore, we must enter and remain in the sorrows but in constant gratitude. Mary lived knowing that she had been chosen. Lk 1:49: "The Lord has done great things for me, holy is His name." We're nothing; it's all grace. We haven't merited anything, but the moment we don't receive and accept that God has chosen us and given us the grace to respond, we fall. We have to live remembering with joy and awe what God has done for us.

My sisters ponder and thank God daily, remembering, "I'm chosen."

Matthew 22:14: "For many are called, but few are chosen."

On October 12, 2017, I wrote in my journal:

Only in silence can I encounter the man of sorrows. Only in the silence of Eucharistic adoration can I choose to REMAIN with Him as his spouse—to adore, thank, bless, caress, embrace, console, and love him.

We have become maidens, contemplatives of Jesus Eucharist. We increasingly have to be before Him, adoring Him, loving Him, kissing Him, and thanking Him. This is who we are in Mary. This is our work.

On February 14, 2023 ([Silence manual](#)), the Lord said:

I chose to REMAIN in this interior agony, an agony that is both a fire of consuming divine love and the groans of excruciating sorrows.

Please memorize this sentence. The Lord, in one sentence, defines His agony of love. This agony of love is BOTH the fire of the divine love of God and the groans of excruciating sorrows. That one sentence defines the Sacred Heart of Jesus.

Because of our human condition, many of us have entered the groans of His excruciating sorrows, but lack the fire of divine love in Christ's Sacred Heart, and, therefore, we need to pray continuously for this grace.