

## Simplicity – 7

Our Blessed Mother specifically said that there are five promises we need to make to give our fiat to become maidens of the cloister of her Immaculate Heart. Do you remember them? It's crucial that when heaven speaks to us, we take it seriously. These five virtues should be ingrained into our hearts. This teaching is on simplicity, a virtue few souls have attained.

1. Silence
2. Remaining in the sorrows of Christ,
3. Simplicity,
4. The spirit of poverty,
5. Perfect obedience to our Queen Mother and what she asks of us.

On September 2nd, 2023, the Lord taught us about simplicity. Following is His message interspersed with commentaries:

*Simplicity is the virtue that immerses you into the oneness of God—Father, Son, and Holy Spirit. **God is simple, and you were created to become simple in God, as one with Him.***

The Lord tells us that we were created to be simple in God. But we are broken due to original sin, and that makes us complicated. We're complex, and that's why relationships are so difficult. Therefore, we have to become simple, and the only way is by entering a deep process of healing and purification in our hearts to become one with Jesus crucified— through Him, with Him, and in Him. It is for this that the Father sent His Son.

Jesus,

*Learn from Mary's perfect simplicity. She is ALL for God. She lives solely for Him. She lived in good times and very difficult times in perfect love and gratitude to Abba Father.*

We can know that we are growing in simplicity when we remain grateful to God when He permits difficult times, desolations, and heartaches. Then, like Mary, we see everything, including the darkness in the world, as an opportunity to proclaim the greatness of the Lord, for only He can turn something bad into something good. We rejoice, saying, “My Lord, I am grateful to you because I know how present you are, and I believe in your triumph that has already been accomplished.” Everything God allows is to perfect us in Love, to make us the daughters and sons that He created us to be for eternity with Him.

Jesus,

*Her simplicity was lived as My Mother. She performed every duty as Mother and wife for the glory of God.*

The call to simplicity, to silence, is not to take us out of our vocation but to immerse us into it more perfectly by living it in the cloister of Mary's Heart. Mary lived totally for God as a wife and mother. Think of all the duties of a wife and mother: nursing, changing diapers, cleaning, cooking, washing clothes...; she lived every task in the silence of the union with God as a prayer.

Mary's life as the wife of Saint Joseph and mother of Jesus, far from hindering her giving of herself totally to God, was the way to do so perfectly according to His will. When we serve at home, given to God like her, we are by far the best wives, mothers, grandmothers, daughters, sisters, and aunts we can be. At the same time, we are most pleasing to God.

From the beginning, the Lord's messages teach us to live the most ordinary things with Him. He began to form the Mothers of the Cross in our duties at home.

Jesus,

*She loved and served Me in the continuous awareness that I Am the Son of God, one with the Father. Therefore, her simplicity was lived through the continuous prayer of awe and gratitude. Her simplicity was also lived in her relationship with the Holy Spirit, her Spouse.*

*She was perfectly obedient to His every stirring within her being. Her simplicity of Heart, which is being ALL for God, was possible because of her silence. Without silence, simplicity can never grow to bring forth the blossom of perfect love.*

Mary served Joseph and Jesus, the Son of God. We may think that was easy. But that's what we are called to do because Jesus is present in those He has given to our care. So, when we serve husbands, children, parents, and whoever God has given us, we serve Jesus Christ. Sometimes, it's very difficult for us to see Jesus in those closest to us. And yet, if we fail to see Him there, we will not see Him. Christ lives in the brokenness of all. We must pray for the grace to encounter Christ in those we live with, especially those most difficult to love.

Jesus,

*Throughout the Simple Path, you each have been growing in the virtue of simplicity as you have allowed the Holy Spirit to bring into the light of your consciences your many patterns of falsehood and attachments to the world, your flesh, and self. As you persevere through each stage of purification, you become simple, which means you become totally for God.*

To live the *Simple Path* is to embark on a profound spiritual journey of purification into our hearts, in which we constantly face our self-love—all that is in us that is not solely for God. We allow and ask the Holy Spirit to bring to the light of our conscience the darkness and brokenness hidden within us. As we persevere through the stages of purification, we climb, little by little, the steps of humility to reach the pinnacle of holiness, where we are totally for God—simple.

Jesus,

*You live solely to give Him glory. Self-love dies through a slow and laborious process, and the beauty of God's simplicity begins to radiate in the soul.*

The reason Mary is beautiful is because she's simple. She is full of grace—full of God, and her life is totally for Him, so she radiates the beauty of God.

What is ugly in us is our self-love. We've all seen our ugliness. But when we face that self-love and, step by step, put it to death, we encounter God in us. As self-love dies, we become the beautiful image and likeness of God. St. Paul writes about this death and new life in Christ: “It is no longer I who live, but it is Christ who lives in me. (Gal 2:20)” The *Simple Path* teaches us how to achieve it.

Jesus,

*A soul that becomes simple lives on earth consumed in God, and therefore, is the light of God on earth. Few souls on earth acquire this virtue due to the lack of perseverance in the interior crucifixion of the heart, mind, faculties, and emotions. Glory to God on earth for the few that reach this summit of holiness as one with Mary.*

Few souls are simple. How many souls do you know that are easy to get along with without complications? Because we are wounded and broken, relationships are complex; this is often the reality in our marriages, families, and communities. For those few souls growing in simplicity amid complicated people and situations, Christ, through the *Simple Path*, guides them into Mary's Heart to live in her solitude, “Soledad.” In this way, these souls become God's blessing for many.

Jesus,

*Remain persevering in the silence of body, mind, soul, and heart, and you, and the few who follow My Path of holiness, will shine as God's brilliant stars during these end times. Persevere in silence!*

The work of the *Path* bears fruit through **perseverance**. God has united us as a community to help one another to persevere as little victim souls. The Church has great victim souls, but we are the little ones, the poor ones.

It was beautiful when we prostrated ourselves before the Lord. I had Maria to one side, and she immediately put her arm around me, and I put my arm around Juliana, who was on my other side. We're united, my sisters; even though we live far from each other, we're one, and we help one another persevere. We have seen through the years that those who began to isolate themselves did not continue in Love Crucified. The moment we isolate ourselves, it becomes difficult to persevere.

### **Is it possible to attain simplicity?**

Our psychological and spiritual lives are complex, and so are our social and political lives. We have seen that, because of original sin, our woundedness and brokenness make us complicated.

Is simplicity possible? Yes! God's Word teaches us that **love is the principle of simplicity that unifies our lives and gives us peace.**

"You shall love the Lord, your God, with all your heart, and with all your soul, and with all your strength." (Deuteronomy 6:2-6)

Jesus: "You shall love the Lord your God with all your heart, and with all your soul, and with all your mind." (Mt 22:37)

We've read those words from Scripture many times, but did you know they reveal the key to simplicity? When we can love God with all our heart, all our soul, with all our mind, with all our strength, we're simple. Complications vanish.

### **The definition of simplicity:**

The person with simplicity looks straight to God without ever suffering any admixture of self-interest. It would otherwise no longer be simplicity, for that virtue cannot endure any addition of creatures or any consideration of them. God should be the focus, and nothing should stand in his way.

Simplicity **excludes every form of duplicity and complication stemming from egoism, self-love, or attachments to self and to creatures.** Hence, it impels the soul in one direction only: to God, to live for Him, to please Him, and to give glory to Him. **The whole spiritual life consists of this progressive simplification, which proceeds at an equal pace with interior purification.**

**When a soul is perfectly purified from every passion and attachment, then is it reduced to perfect simplicity, that simplicity which makes it live only in God and for God.<sup>1</sup>**

In the words of the Catechism, "Man is created to know God, to love him, and to serve him, and thus to reach eternal life."

### **Enter the cloister with the love of the Father**

It is impossible to enter and live in the cloister of Mary's Heart if we haven't fallen in love with our Father and believe that we are His beloved daughters, the apple of His eyes.

When I think of these things and close my eyes, I put myself on His lap, something I never did with my father. My father never noticed me, but now God has given me the grace to know the gaze of God the Father. I can see myself in the arms of Abba, touching his beard and knowing how much He loves me.

John 3,16, "For God so loved the world that he gave his only Son." My sisters, these words have to become the fire of the Holy Spirit that reveals the love of the Father and brings us to know Christ. You know you are progressing in the *Simple Path* as you fall in love with Abba Father in Christ. The Lord takes us through the wounds we received from our fathers and men. Those wounds are the obstacles to knowing the goodness and love of Abba.

When we hear the word 'simplicity,' many of us think of getting rid of material possessions or activities in a crowded schedule. St. Francis DeSales, however, defines simplicity in terms of loving God. He writes, "**At the root of simplicity is our intention of heart. It is simplicity**

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<sup>1</sup> <https://spiritualdirection.com/2018/09/03/simplicity>

**when our intention for any action be the love of God and neighbor.”** Just like we learned that silence is more than just not speaking, simplicity is more than a simple life. We can let go of some things and remain complicated in our hearts. Simplicity is a pure heart that lives all for God.

### **The Single Hearted**

With the following message, the Lord began to bring us into simplicity. He called it ‘The single-hearted’ (the same as being simple). The message also shows the union between courage, being single-hearted (simple), and obedience (the fifth virtue Our Lady asks for). Obedience to Mary is obedience to God.

Courage 1/9/23

***Courage, My little one, is the virtue of the single-hearted.***

*Courage can be lived for righteousness or evil, for Satan has courageous souls that fight for his cause.*

***God's courageous souls come to love Him above all.*** [simplicity] *They come to know His goodness as they live consumed in Me through the Holy Spirit. These souls have come to touch Me and to be touched by Me. They live pure intimacy in My crucified embrace.*

*To live courageous lives daily in your ordinary lives requires first, growth in humility, the humility of knowing your misery, and trusting in My merciful love. The humility of a pure heart that is able to see My gaze of love in sorrows. This grace of the encounter of a soul with God perfects the soul with the inner strength needed to **battle daily** her ego with all its desires and attachments solely to desire Me.*

The Lord says, ‘to battle daily.’ It's a continuous interior battle.

Jesus,

***This is living single-hearted, solely for love of Me.***

*I have taught you, through My Simple Path, to suffer all with Me, thus teaching your inner gaze to remain on Me and not on self. Perseverance in this daily practice brings forth the transformation of the heart with the supernatural grace souls will need to live as my witnesses (martyrs). This is courage.*

***Courage is the act of obedience to My Will. Obedience is always lived through the “yes” that requires courage and moves through the many fears all humans have.***

To be obedient to God, we must face our fears, not hide, not run, but move through them.

*I manifested My obedience to the Father as I moved through My fears with the courage of perfect love. (Cf. Mt 26:39)*

***Mary, too, lived her life on earth single-hearted-she lived to do the Father's Will. Therefore, she lived perfect courage*** revealed in her Fiat to the Angel at the Annunciation; her perfect Fiat in her hidden ordinary life; her Fiat during My passion; her Fiat at the Cross when she courageously offered Me to the Father as His perfect sacrifice of love for humanity; and finally, her Fiat to remain on earth in her bitter solitude solely for love of God and each of you. Her courage in her perfect obedience to God's Will was My consolation and strength as I was to her.

*I have united you (plural) as My little mustard seed so you will help one another live courageous lives in My Holy Will. Thank God for each other because this great gift is needed during the time of persecution to help you remain faithful and not cave into fear.*

*Have courage, for God is with you!*

Further reflection:

[Bible verses on simplicity](#)

[Simplicity: The virtue that makes us similar to God and available to every person.](#)