

HOLY SILENCE



Holy Silence by Fr Basil Nortz, ORC,
accompanied with messages (blue) from the
Lord & Mary to LC

Fr. Basil's book elaborates on the twelve forms of silence according to Sr. Marie-Aimee de Jesus, a Carmelite nun from France.

A soul that has lost its love for silence has lost its love for its eternal goal. Holy silence is the only bridge across which one can enter into a

more intimate union with God. All those who wish to progress in holiness ought to exercise themselves in these twelve forms of holy silence:

1. **Silence of speech:** speaking little with creatures and much with God.
2. **Silence of the body:** observing silence in the pace of our lives to assist our souls in interior recollection.
3. **Silence of the senses:** setting a guard over the gateways of our souls.
4. **Silence of the imagination:** silencing our unruly fantasies.
5. **Silence of the memory:** living in the present moment.
6. **Silence of interior conversations:** addressing our interior speech to God, who dwells within us.
7. **Silence of the heart:** calming ill-directed zeal, exaggerated ardor, and moodiness.
8. **Silence of self-love:** properly ordering our self-love to prohibit self-justification.
9. **Silence of the spirit:** renouncing our ideas about self-actualization and curiosity.
10. **Silence of judgment:** refraining from harsh judgments of others and from stubbornness.
11. **Silence of the will:** quieting the anxieties of our hearts through trust in God's loving Providence.
12. **Silence of union:** resting in God, in union with Him.

Listening

Listening, in its turn, is for the sake of loving obedience, and obedience consists in a conformity of our created wills to the uncreated Will of God.

For us to obey God's will, we must first listen for His Will. An exhortation that is found repeatedly in Sacred Scripture is that we be

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attentive to the voice of God and His messengers:

“O that today you would listen to his voice!”
(Ps. 95:7)

“This is my Son, the Beloved; with him I am well pleased. Listen to him!” (Matt. 17:5)

The art of listening needs to develop alongside the practice of silence. Listening consists in the active and conscious desire to hear. It is through the atmosphere of holy silence that such attentiveness is fostered.

3/1/22

I promise you, My little one, if you remain attentive in prayer, obedient to My voice guiding you (and the few little souls also listening to My voice), you will remain faithful when the tribulation knocks at your door.

Catherine Doherty explained this point:

True, silence is sometimes the absence of speech — but it is **always the act of listening**. The mere absence of noise (which is empty of our listening to the voice of God) is not silence. Yet a day filled with noise and voices can be a day of silence, if the noises become for us the echo of the presence of God, if the voices are, for us, messages and solicitations of God.

7/21/10

Silence is not necessarily not talking. I spent My days on earth preaching, teaching, and conversing with My friends and community.

There is a lovely poem about the Blessed Virgin Mary that is called “A Woman Wrapped in Silence.” This title perfectly describes the heart of Mary. She was able to receive the Word perfectly because she was a perfect

receptacle, cleansed by the practice of holy silence and ardent listening.

Holy silence, as we will see in the following chapters, is not simply a negation of sound or of activity. It is not a mere absence. On the contrary, silence is a positive reality that nurtures our souls; it protects the Divine Life within us and allows it to mature.

1

SILENCE OF SPEECH

Who will set a guard over my mouth, and an effective seal upon my lips, so that I may not fall because of them, and my tongue may not destroy me? O Lord, Father and Master of my life, do not abandon me to their designs, and do not let me fall because of them!

— Sirach 22:27–23:1

1/ 2/12

*Tenderness is the virtue in which the love in your heart is manifested through your faculties of touch, sight, and speech. God is love; therefore, here on earth, My love was experienced by many through the touch of My hands, through the gaze of My eyes, and through My words. I am a living torrent of grace, which is the love of God flowing through Me. When you come to possess Me, through the power of the Holy Spirit, My love flows through you. You become My living vessel; **you become My hands; you become My gaze; you speak My words.** This is what it means to be My living chalices and living hosts. This love is manifested concretely, tangibly, through your tenderness. **By being attentive to how you use your hands or fail to use your hands, how you gaze at others, and the words that flow from your lips, you will come to know the sin that remains in***

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your hearts. My Mother is forming each of you to be My living chalices.

Speech is a great dignity, and like all great dignities, it carries a great responsibility. It must be used well, in accord with the will of God.

Words can edify, encourage, and empower. They can serve to unite and create a community of love in the eternal love of the Word. Our words are among our greatest talents. Invested correctly, they yield eternal riches.

But when our words are not united with Jesus Christ, the Incarnate Word, when our words are divorced from Him, they are exposed to the influence of the diabolic. The enemy is the one who tears apart, who rips asunder. Words of unconstructive criticism; insults, which are meant to cut down and humiliate; lies, which mislead, separating us or others from our eternal goal, are abuses of speech for which we will have to render accounts. Christ warned His disciples:

I tell you, on the day of judgment, you will have to give account for every careless word you utter; for by your words you will be justified, and by your words you will be condemned. **(Matt. 12:36–37)**

Silence of speech is essential for deep spiritual growth. In a certain way, the soul is dissipated by excessive speech, especially **idle talk**. Nothing of great depth can grow in our souls if we speak too much. As Max Picard stated, “When language is no longer related to silence it loses its source of refreshment and renewal and therefore something of its substance.

Jesus said to St. Faustina:

There are souls with whom I can do nothing. They are souls that are continuously observing others, but know nothing of what is going on within their own selves. They talk about others continually, even during times of grand silence, which is reserved for speaking only with Me. Poor souls, they do not hear My words; their interior remains empty. They do not look for Me within their own hearts, but in idle talk, where I am never to be found (Diary, 1717).

On the other hand, when people have spent years in the school of silence, whether in a monastery, in a convent, in the desert, or in the world, their words often proceed from a profundity blessed by silent reflection. True silence favors reflectiveness like that of Mary, who pondered and treasured in her heart the words about her Son.

Guard over the tongue

In daily life, our challenge is to form the habit of thinking carefully before speaking. Blurting out our first thoughts or reactions to a situation too often leads to grief and reveals superficiality or ugly bias in our judgment. Once a word is spoken, it is very difficult to retract.

No word of Mary fell to the ground ineffective, not even a simple greeting, but it accomplished that which was purposed and succeeded in the thing for which it was sent (cf. Isa. 55:11).

Speak much with God

Prayer itself, especially the reverent prayer of praise, is not contrary to silence because it uses speech to direct our minds and hearts toward our Supreme Good. In fact, **giving praise to God is the perfection of the gift of speech. There is no higher use of speech than to proclaim the truth of God’s supreme holiness.**

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8/23/10

The prayer of gratitude and thanksgiving should be your every breath.

7/22/11

*...you have ascended the ladder, and you possess the life of the Trinity in you, but protect and **nurture this life in the interior silence of continuous prayer of love, praise, and thanksgiving.***

12/8/21

Mary:...as God's beloved ones, you can pray in thanksgiving and praise as one heart with me to the Father, Son, and Holy Spirit.

Beginning every activity — whether work, study, or recreation — by praying the Sanctus (Holy, Holy, Holy) is a means of synchronizing our activities with the peace of Heaven.

Attention in prayer

Prayer is in harmony with holy silence. But we must be careful that our prayer does not become a form of noise in pious disguise. The mere mechanical recitation of the Mass, the Rosary, the Liturgy of the Hours, or any other prayer enters the realm of noisy gongs or clanging cymbals (see 1 Cor. 13:1).

Unholy forms of silence

The silence that proceeds from prideful disdain, indolence, anger, or indifference is rooted in a lack of love. The silent treatment or the cold shoulder is used to express bitterness and discontent.

Unholy silence is, spiritually speaking, a form of noise before the throne of God and the holy angels.

Unholy silence provides a breeding ground for harsh judgments and ugly misunderstandings.

2

SILENCE OF THE BODY

Do you not know that your body is a temple of the Holy Spirit within you, which you have from God, and that you are not your own? For you were bought with a price; therefore, glorify God in your body.— 1 Corinthians 6:19–20”

Incarnational spirituality

Silence ought also to be observed in the external, physical rhythm of our actions in order to assist our souls in interior recollection. Our pursuit of holiness and living the Faith in recollection of soul must be “incarnational”. Because our nature is a substantial union of body and soul, our **internal state is linked with our external behavior**.

“Christ will be magnified in my body” ...
Phil. 1:20

Holy silence of the body does not entail an absence of activity and movement but comprises a certain reserve and modesty in motion; we could even say a slowness and deliberation in action.

The rhythm of a healthy life in Christ is completely removed from the frenetic rush and bustle of the world.

2/12/21

I cry with you

My heart is sorrowful at seeing the condition of the hearts of our people. My daughter, I give every soul countless opportunities to turn their gaze toward Me, yet in their busyness, they don't stop to look. My gaze is upon you, My little one. I see your pain and sorrows of heart. I cry with you, My beloved, for we truly are one heart. Know that this piercing of today suffered with patience,

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*trust, and abandonment will produce healing in the heart of our daughter and liberation for her family. **Suffer, as you are doing, united to Me in My passion.***

We know that He is not found in the multiplication of motions. He is to be found in the **stillness of the bridal chamber of our souls**. Therefore, we must avoid the haste that leaves God and our holy guardian angels behind.

Every genuflection, like each sacred gesture, must be for us a deliberate expression of our love for and reverence toward God.

Acedia

Excessive activity can separate us from God. Acedia is a kind of spiritual sloth, a sadness in the presence of the good or a restlessness in prayer. It leads to overactivity — the excessive pursuit of busy work to fill our time, to turn our minds to the things of this world, and to distract ourselves from spiritual things.

Acedia is the lukewarmness spoken of in the book of Revelation—that is of being neither hot nor cold (3:16).

True prayer requires the courage to empty oneself of the things of this world, to stand stripped before God.

In order to be clothed by God and to be able to see Him, we must recognize our poverty, and the poverty of everything the world offers, so that we turn to Him. **We should stand in awe of our dignity and the nobility of our very bodies, which have been formed by God for the indwelling of the Trinity.**

8/2/22

Misery

*Misery is what you became after original sin. It is your inner gaze turned toward self. Because of concupiscence, your human tendency has become self-glorification. **The grace of seeing the truth of whom you have become in all its ugliness is the gift of the Holy Spirit**, for He is the light of the love of the Father and Son that reveals the darkness in every human being to purify them through the power of My precious Blood, My Blood that cleanses My bride and makes her pure.*

*Yes, My daughter; you see yourself fully unveiled before your Spouse and My gaze of passionate love for you moves your soul not to hide but to plunge your misery in My infinite love and goodness. I, your God, receive all your misery, and for you, a human soul, it is more than receiving the seed of your Spouse-God it is being consumed in your Spouse-God. A particle of nothing becomes consumed in Love and becomes one with Love enjoying the ecstasy of Divine Love on earth. Then you begin to love Me as I love you, with patience, tenderness, respect, self-control, attention, passionate desire and longing, waiting, delight, and immense joy. This is the fruit of allowing the Holy Spirit to unveil you of all the falsehood that covers your misery. **When you live naked before your God in the truth of your misery, you are open to receive Love and become one with Love, lost in God.***

3

SILENCE OF THE SENSES

Consists of the disciplined use of the five external senses: sight, hearing, smell, taste, and touch.

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The senses play an important and powerful role in our attraction and inclination to evil.

Custody of the eyes

The eye is the lamp of the body. So, if your eye is healthy, your whole body will be full of light; but if your eye is unhealthy, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness!” (Matt. 6:22–23). Of the five senses, sight presents some of the greatest challenges.

8/4/18

I need you

1st Saturday MOC

The Statue of Jesus sentenced to death with his hands bound from the Trinitarian Order visited us through Zilkia. We prayed for persecuted Christians, all the suffering forgotten souls, and those bound, primarily to porn.

*I need you. I need each of you to bring My tenderness in mercy to the world. It is love manifested through the tenderness of God that has the power to touch the hardened hearts of many souls. My little ones, learn from Mary, the Mother of God, and your Mother. Her tenderness is manifested in Her silence as the love and mercy of God radiate from her gaze. **Her gaze is the gaze of God, and her gaze has the power to penetrate the darkness of Satan. God the Father desires that each of you become the gaze of Mary upon the earth.***

(How, my Lord, do we become Mary’s gaze?)

*By learning to live My tenderness through silence. My little ones, **the eyes are the window of the heart, and it is I who dwell in your hearts.** You must believe that through your fiats to be My victim souls, I have taken My abode in your hearts. Allow*

My merciful love to radiate through your gaze through the power of silence. The power of God radiated through Mary through the power of her silence.

Remember what I taught you about silence.

St. Josemaría Escrivá wrote, “The eyes! Through them much wickedness enters into the soul. How many experiences like David’s! If you guard your eyes, you’ll be assured of guarding your heart!”

That which is seductive and contrary to chastity must surely be avoided, yet this is not the only battle for a holy custody of the eyes. The sight of violence can also be alluring.

Even when the representation of violence is produced through digital techniques in movies or video games, there results a similar fascination for its graphic depiction. Though it does not involve actual harm of the people portrayed, it still degrades and defiles those who watch with enjoyment, just as simulated acts contrary to chastity are unbecoming. In this sense, real or virtual portrayals of graphic violence are fundamentally contrary to holy silence. The Church warns of the danger of exposing oneself to such images:

A fundamental message of pornography and violence is disdain, the consideration of others as objects rather than as persons. Thus, pornography and violence can eat away at tenderness and compassion and can foster insensitivity and even brutality.

Custody of the eyes is not only for preserving the virtue of chastity. It is also needed to avoid idle and curious glances. Discipline of the eyes should be applied to any object that offers a false promise of satisfying the heart. The

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“concupiscence of the eyes” (see 1 John 2:16) denotes the capital sin of avarice and is combated with poverty of spirit.

God has given us the gift of sight in order to serve Him better. “As the eyes of servants look to the hand of their master . . . so our eyes look to the Lord” (Ps. 123:2).

3/2/13

Watch Me. Gaze into the Eyes of Love, and I will be your strength to persevere in love.

6/24/16

Allow My gaze to immerse you in My pain and agony of love for souls (participating with your beloved Spouse so that he is not alone). The hour has come; remain with Me. I bless you, My little one, with My gaze of Divine Love.

11/3/17

Words from Mary as the Mother of Sorrows (mourning): It is a time of mourning, mourning for Jerusalem and the entire world. My Son has not been contemplated hanging on the wood of the Cross; His gaze of love has been ignored; His cry for Jerusalem has been ignored.

4/27/21

I am alive and present in every human suffering

*You are feeling the weight of My sorrows for humanity. Love is not known. Love is not loved. I am the way to learn how to love according to God's Will. **If every soul kept their gaze on Me as they suffer, they would learn how to love the way I have loved them.** A love full of compassionate mercy and patience. A love slow to anger and rich in kindness. A love that cries with each soul*

*as I suffer with every soul. I desire every soul to find Me and encounter Me in their personal suffering. I am alive and present in every human suffering. My daughter, thank Me continuously. Remain with Me as I allow you to suffer with Me for souls. Suffering on earth becomes God's opportunity (for us) to encounter the living God, for God became man to receive the suffering of men upon Himself in order to grant them the gift of new life. **Teach every soul how to gaze upon Me in their suffering to encounter Love. There is no other way to love Me as I have loved you(pl). Turn their gaze towards Me, the Suffering Servant.***

Custody of the ears

Our sense of balance is located in our ears. The same is true spiritually speaking. We can be spiritually balanced or unbalanced according to the one to whom we “give ear.”

“O that today you would listen to his voice! Do not harden your hearts,” (Psalm 95:7-8)

The Word of God constantly proclaimed in the liturgy, is always a living and effective word through the power of the Holy Spirit. It expresses the Father's love that never fails in its effectiveness towards us. The Church has always realized that in the liturgical action, the word of God is accompanied by the interior working of the Holy Spirit, who makes it effective in the hearts of the faithful.

9/6/13

You have listened to My voice, bringing you out of the desert into new life.

6/27/16

Do not be afraid to proclaim from the housetops the words I speak in the recesses

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of your heart, for those who have pure hearts will hear My voice and follow Me, but the obstinate will perish.

6/29/21

Be still, be silent, be attentive to the voice of your God, who is guiding and forming you.

The Fall of man began when Eve gave ear to the tempter. Because she patiently listened to his lies, she became unbalanced and fell.

The twentieth century is, among other things, the Age of Noise. Physical noise, mental noise, and noise of desire.

Here is a great challenge for today's society: to renounce the use of some of the impressive things technology offers so that we can remain open to the far-surpassing wonders that Heaven has to offer.

3/14/19

*Tell My family (LC) to pray for greater faith to believe in the words I have spoken (I understood His messages to us). **If My words remain in your hearts, you will persevere through the many trials predestined for you to suffer for the glory of God and the salvation of countless souls.***

Custody of the sense of taste

The tyranny of cravings can give rise to many distractions that are a type of noise to the soul.

St. Teresa of Ávila wrote:

For this body of ours has one fault: the more you indulge it, the more things it discovers to be essential to it.

Cravings are a type of unrest, a lack of silence in our souls. To reduce the disturbances that our

appetite for food and drink may cause us, it is helpful to moderate that appetite through self-restraint. When we begin to mortify them, they will start “screaming” more than ever. When you start disciplining a spoiled child, he typically throws a tantrum. But if you persist, sooner or later, he will learn and will become quiet.

St. Josemaría Escrivá wisely counseled:

The day you leave the table without having done some small mortification you have eaten like a pagan. You generally eat more than you need. And that fullness, which often causes you physical heaviness and discomfort, benumbs your mind and renders you unfit to taste supernatural treasures.

Custody of the sense of touch

The more a person is given over to the pursuit of carnal pleasures, the blinder he is in the perception of spiritual goods, and the less likely he is to desire them. It is no coincidence that the more conveniences and comforts technology provides, the more sins against chastity and religion grow. What are we to do? Stop using these conveniences? We can use them to the extent that they truly serve to make man good or to give man the freedom to pursue his true good and not simply to the extent that they make life easy.

4

SILENCE OF THE IMAGINATION

All human knowledge comes through the senses and is recalled through the imagination. This is why the imagination is such a key faculty and very much fought over by both the good angels and the bad angels. By and large, **this is the battleground where spiritual combat takes place** between these two

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opposing forces that fight over the affections of our hearts.

We need to cultivate images that inspire us to holiness and the practice of virtue. We do this by filling the imagination by meditating on the lives of Christ, Mary, and the saints.

Christian devotion especially recognizes the necessity of **meditating on Christ's Passion, death, and Resurrection.**

11/3/17

Remain with me(Mary) and pray the Stations of the Cross so that many hearts will be open, will see, and be converted.

10/12/17

*Interiorly I have been contemplating Jesus' Eucharistic face. I see Him, as in the scene of *The Passion of the Christ* when Jesus is sitting alone crowned with thorns after having been mocked by the soldiers. I seem to enter His silence. In His silence, I can touch His sorrow and pain. His gaze draws me into His SILENT CRY for me and all souls.*

The strength of the method of meditation promoted by St. Ignatius of Loyola lies in the thorough use of the imagination. St. Ignatius taught that in a good meditation on an episode in the life of Christ, you construct in your imagination everything there is to see, hear, smell, taste, and touch in that particular scene. For example, in the Garden of Olives, you not only see Jesus prostrate on the ground, sweating blood, but you hear His prayer to the Father, you feel the cold wind, and you smell the wet garden; in short, you encounter all the details of that place. It is from this point that you remain with Him and admire, adore, and

desire to imitate Him. Then you begin to speak with Him, asking His help concerning specific issues in your life. That is a very powerful way of uniting yourself with Christ and forming a closer relationship with Him. This form of meditation can transform those who accustom themselves to it. It makes use of all the powers of the imagination to imbue it with the truths of our Faith.

Temptations from the devil are usually at the level of the imagination. St. John of the Cross wrote:

Since the devil is aware that he cannot impede the spiritual soul in the depths of the soul, he does everything possible to excite and disturb the sensory part, which he can affect with sufferings, horrors, and fears. He intends by this agitation to disquiet the superior and spiritual part of the soul in its reception and enjoyment of that good.

These "horrors and fears" are excited by images. Seductive images, as well as blasphemous images, can also be caused by the evil one.

Things that are detrimental to the silence of the imagination are excessive visual images from television, movies, or the Internet. Also, poor-quality literature (cheap thrillers, romances, pulp fiction, etc.) **is little more than spiritual junk food, which clutters and contaminates the imagination.** Custody of the imagination involves avoiding vain fantasies. Not only does excessive use of media weaken the imagination, but it can even corrupt the imagination and cause deep interior unequity.

The angels enlighten us through their influence over our imagination. Angels can combine

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various images stored in our imagination in order for us to arrive at new insights. The devil, however, wants to do just the opposite, exposing us to bad images and keeping them in the forefront of our thoughts.

We must cooperate with the good angels by protecting our minds from false and dangerous images — those that feed our sinful tendencies and worldly preoccupations. Further, it is by meditation and reflection that we are disposed to receive this help from the angels.

Contemplative silence in the imagination

Progress in meditative prayer should eventually develop into a more imageless form of contemplation. In contemplation, there is a silencing of these interior faculties and a silent resting in God, without images or ideas. It is critical that we be willing to set aside discursive thought and the active use of our imagination when we arrive at this point. Attachment to these things, helpful as they may have been at one point, now becomes an obstacle.

5

SILENCE OF THE MEMORY

Remember the long way that the Lord your God has led you. — Deuteronomy 8:2

*“Gregory teaches us, first and foremost, the importance and necessity of prayer. He says: “It is necessary to remember God more often than one breathes” because **prayer is the encounter of God's thirst with our thirst. God is thirsting for us to thirst for him.**”*
Pope Benedict XVI, August 22, 2007

The kind of silence on which the ascetics of old placed the greatest value is the silence of the memory.

5/19/23

Remember

Jesus gave this message on the last day of our LC celebration at OLG.

*You each have been brought by God to celebrate, united to the saints in heaven, the glory of God, for He loves you as your ABBA. **Rejoice these days and remember them when the time of the great lamentation begins. Remember how present I am in each of your lives. Remember My words which have come to you because I Am Love. I have come to prepare you, for I love you. Rejoice and give thanks to your God.***

The memory, considered in natural terms, is what defines and distinguishes every individual. The recollection of past relations with family and friends; our moral and intellectual formation; the decisions we have made, whether for good or for bad; the experiences we have had, both pleasant and painful — all come together to form the unique identity of each of us. It is not only the capacity to recall past information but also the faculty itself that tells us who we are. By it, we form our **“personal tradition,”** which determines our self-awareness. **To lose our memory would mean losing our sense of self-identity;** we would need to begin anew in defining who we are by forming a new collection of memories.

Faith can be considered a kind of memory. It contributes to the determination of our self-identity at the most fundamental level, influencing our thoughts and desires.

The **Holy Spirit is the living memory of the Church,** making this memory present in various ways. In our personal memory, there is

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an ongoing maturation of our self-awareness. the Holy Spirit leads the Church (as a whole and in her individual members) in an ongoing, living self-awareness. Through trials, purifications, consolations, and intimate experiences with God, we respond or fail to respond to His assistance.

2/19/19

My Gift – Suffering of Solitude

As I listened to all the testimonies in our recent retreats, I entered a profound and intense sorrow. In both groups, very few mentioned the hidden martyrdom of our community. I realized that they all received many graces, and they were very happy to leave with these blessings, yet, we, LC, would be forgotten. Our hidden lives as God's victim souls will not be remembered and appreciated by these men and women.

I realized that this is how I, too, have lived my life with Christ and His sacrifice of Victim Love. I have lived receiving graces from Him and forgetting His sacrifice of love for me. **I have not lived SOLELY to appreciate and REMEMBER with my every breath God's martyrdom lived for me.** The intense sorrow of seeing how my community's victim lives will be forgotten moved me to know this sorrow in the Sacred Heart of Jesus. **Most souls desire to receive something from Jesus, but very few souls live solely to remember and thank Him for His sacrifice of love that continues in the Eucharist.** I touched and encountered this "suffering of solitude" in the Heart of my Lord. This was my gift!

My purpose in life is to live every moment of my life remembering and appreciating the love of the Father, Son, and Holy Spirit! This is how I live as His COMPANION OF LOVE!

This experience also moved my heart to greater love and appreciation for the MOC and MC. I am also called to live every day thanking God for all the women and men of our LC Community and their hidden martyrdom of love.

Misuse of the memory

We can very easily miss the grace of the moment; we overlook what God is giving us now because we're looking to the past or to the future rather than looking at what is in front of us. The more we become conscious of the present, the more we will be conscious of God's current help.

Our access to God and His grace is through our ability to enter into the present now, to be attentive to the current moment, without giving thought to the one before or the one to come. Jean-Pierre de Caussade calls this **"the sacrament of the present moment."**

Liturgical presence

In the celebration of the sacred liturgy the salvific events enter into our present, with all its challenges and joys.

The Holy Spirit is the living memory of the Church realizing the efficacious presence, the realization of Christ's True presence in the Eucharist: "Do this in memory of me." The Holy Spirit makes truly present the living Body of Christ for the life of the Church and her members.

Our living of the sacrament of the present moment opens our souls to the gifts of God, which are rooted in the past but ever blossoming in the present. The practice of the silence of the memory, which assists our openness to God's will for us in the present,

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involves not only avoiding the fruitless desire to live in the past or the debilitating habit of holding on to memories that distract us from the present; it also leaves us open to the possibility of **recognizing the wonder of God's love that is being revealed to us in the present moment.**

Fear, as we have learned, if not confronted, becomes an obstacle to remembering and to live in the present moment:

6/6/20

Do not waste time with any frivolity, the decisive battle has begun.

First Saturday MOC Cenacle

Jesus spoke these words in my heart to all the MOC:

The time has come in which the principalities of darkness will consume the earth; the terrible day of the Lord. The demons have no power over you or My followers. My mothers (MOC) must remember that during these dark times, your prayers lived with perfect trust in Me have the power to aid in the protection and salvation of many souls otherwise destined for hell...

6

SILENCE OF INTERIOR CONVERSATIONS

God has given us the ability to hold conversations in our minds in such a way that we can imagine having discussions with people who are not even present.

Our interior conversations come to silence when we learn to transform them into prayer.

How often we spend hours of the day speaking interiorly to those who cannot possibly hear, while those loving friends (God and His angels and saints who can hear) are ignored and left out of the conversation. **The habit of speaking continually to God in our hearts goes hand in hand with recollection — with walking consciously in the presence of God and His holy angels.**

As St. Teresa of Ávila says, the foundation of the spiritual life is **recollection**, which is the awareness of God's presence.

Prayer is the elevation of the mind to God. If, instead of lifting our minds and attention to God, we find ourselves describing or discussing things interiorly with others (even if they are spiritual things) rather than praying, then we are merely entertaining distractions.

6/6/20

Your hearts purified, emptied, and formed as My victims of pure love, one with My Mother of Sorrows, is the power of God to cast into hell the principalities of death. Give yourselves to prayer and silence as My warriors preparing and saving souls, for the moment of judgment is upon the world. **Do not waste time with any frivolity, for the decisive battle has begun. Pray, pray, pray, pray unceasingly, for your prayers, as one with My Mother's, have great power before the throne of our Father. He hears the cry of the poor.**

Two ways of dealing with distractions

If we find that during prayer we are discussing something that's just silly or of no real concern, we should bring this line of thought to a stop and gently try to redirect our thoughts to God.

HOLY SILENCE

If we find, however, that we are going over and over very serious concerns and problems and preoccupations that are of great weight, then this matter of distraction should not be suppressed but should be integrated into our prayer. That is to say, rather than mull over these matters with ourselves, we should redirect those thoughts to God. We present to God what is troubling us. We express our desire for His help and enlightenment in the matter. In this way, those things that were once distractions are now part of our prayer.

7

SILENCE OF THE HEART

9/2/11

In the fire of the Sacred Heart of Jesus

My little one, I want you to understand what takes place for a soul that enters the fire of My Sacred Heart. My fire purifies as gold is purified. As glass is placed in the fire, it is softened so that it can be molded into the shape desired. My fire, the fire of the Holy Spirit, purifies all hardness from your heart, making it soft and pliable; I then am able to form you and make of you a new creation; the creation you were meant to be from the beginning of time, pure and radiant in the image and likeness of God. This process of purification in My Heart is different than the purification at My feet and side. The fire of My love, the Holy Spirit, is making you (LC) pure, radiant chalices of gold.

Silence of the heart is enjoyed by a person in possession of his emotions.

Virtue consists in ordering the emotions according to right reason, illumined by faith.

Our capacity to merit resides in the fact that we can freely make decisions that are acts of our will, not of our emotions.

St. Thomas Aquinas makes a distinction between “**acting with passion**” and “**acting from passion**.” In the first instance, a person’s action is motivated by deliberated reason and is expressed with reasonable emotion. In the second instance, a person’s action is motivated by a passion that overrides or replaces a reasoned consideration.

12/28/21

2nd Nail

Feast of Holy Innocents

*At the core of every human person are their feelings and emotions. At the core of every wound, desire, and expectations are feelings and emotions. Every sin is brought about by reacting to one's feelings and emotions. The purification of a soul's emotions is the deepest purification of a soul, the purification of the essence of your being. **As you choose to no longer react, nor even act, from your feelings and emotions, your interior gaze is focused on Me, on seeking only God's Will. It requires a profound interior attentiveness to the deepest stirrings within your being. This deep interior contemplation can only be lived by souls who have entered a life of silence and prayer.** You now begin to know yourself in God. You come to understand that nothing good can come from you but only from God. (My Lord, how do you die to all your feelings and emotions, they are part of all men?) Your feelings and emotions do not die, but your will **discerns them according to God's Will and for His glory. You choose, for love of Me, to allow the Spirit to align your***

HOLY SILENCE

feelings and emotions to please Me in all things and to aid in the salvation of countless souls. You are no longer driven by your feelings and emotions. You choose to deny yourself solely to please Me in all things.

When Jesus undertook His Passion for the sake of our justification, he did not say, “My soul is full of wrath.” He said, “My soul is sorrowful even unto death” (Matt. 26:38, D-R). **The passion that can serve God’s righteousness is loving sorrow.**

11/5/22

The union of sorrows is the perfect union of love with God on earth.

*My sorrows lived in My human heart reveal the love of God. My sorrows and My love are one. As I purify your emotions in Me, I am drawing you into the depth of My Sacred Heart to live as one in My sorrows. **The union of sorrows is the perfect union of love with God on earth.** The sorrows you live are My sorrows for souls. This union of sorrows is where I'm bringing each of you, for it is the perfect union of love and, therefore, the perfect prayer to aid in the redemption of countless souls. Remain in My sorrows as one with Mary, My Mother of Sorrows, to obtain many graces for souls during these decisive times. Enter the silence of this most perfect union, which is the fruit of living the second nail of crucifixion with Me. I seal your mind, body, and soul with My kiss of love and gratitude. Go in peace.*

(See document, *Silence*, Silence of the union of sorrows with God)

The word *endurance* can also be translated as *patience* and *perseverance*. The first quality of love, according to St. Paul, is that it is **patient**

— that is to say, it is **capable of enduring suffering for love**. The work of salvation was a passionate work of patient endurance.

2/17/22

Rejoice with dance and timbrel in hand!

*My little one, know that I love you as one with our Father. **Be very patient during this stage of purification (2nd nail).** Do not be discouraged as you see your self-love but live in gratitude because seeing the truth is freedom. The only way a soul can forget herself is to see the truth of her broken condition and to see the truth of God's merciful love, for He sent Me, His only begotten Son, to bring sight to the blind so that you can encounter the living God before you and within you. **Continue to thank God continuously in every breath**, for God is raising his saints of the end times, and you are counted among these holy souls. Therefore, **rejoice**, my little one, with dance and timbrel in hand!*

8/2/13

Believe in the power of your sorrows immersed in the Sacred Heart of My Son. Suffer all with perfect faith in the power of Christ's crucified love. Suffer with patient endurance. The Kingdom of God is at hand... My victim intercessors need to be purified in the fire of many sufferings.

Silence of the heart is a kind of purity for the soul.

1/19/23

Rejoice

Your tears will turn into dancing. Rejoice, My little one, rejoice, for your God and Savior has found favor with you, and your prayers and supplications are being blessed

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by the Father, for He hears the cry of the poor.

“Blessed are you who weep now, for you will laugh.” **Lk. 6:21**

The poor are those with meek and humble hearts who love Me as their one and all. God delights in such souls. The MOC are His delight for they resemble My Mother with God's holy radiance.

“Blessed are you who are poor, for yours is the kingdom of God.” **Lk. 6:20**

Persevere in suffering all with Me with your gaze fixed on Me and you will witness great miracles— the lame will walk; the blind will see; the broken will be restored; the oppressed will be set free; the wounded will be healed, for God is present in the world.

“Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely[b] on my account. 12 Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.” **Mt. 5:11-12**

Please persevere with patient endurance, and I promise that you will not be disappointed. Rejoice, my little one, rejoice!

Progress in the life of prayer must necessarily pass through what is called the “**dark night of the senses**.” This is an experience of dryness in prayer that can involve intense aridity and the feeling of abandonment by God. The **purpose of this passive purification is to free us from dependence on sensible consolations in prayer.**

The Church must now, as a body, pass through the “dark night of the soul.” We are collectively going to enter a period of purgation in which, like Jesus on the Cross, we will feel as though the Father has abandoned us. But [the “dark night”] leads, in various possible ways, to the ineffable joy experienced by the mystics as “nuptial union.” —POPE JOHN PAUL II, *Novo Millennio Ineunte*, Apostolic Letter, n.30

3/2/11

In Desolation is When Your Life has the Greatest Power

In desolation is when your life has the greatest power and is most fecund. In My desolation on the Cross, My life shown most brilliantly the love of God the Father. My desolation made My faith in My Father radiate its perfection. Through My desolation, I gave birth to My Church and all Her sacraments. Through My desolation, I gave birth to all My sons, My priests. Through My desolation, the Holy Spirit expanded the maternal Heart of My Mother to embrace all of humanity.

It is in your times of desolation that the Holy Spirit and My Mother wish to unite you more intimately to Me. It is in your times of desolation that you are given the opportunity and grace to suffer with Me. It is through your desolation that you can come to know the pain, suffering and love of My Heart. It is through your desolation united to Mine that your life will also be most fecund.

My desolation was so important for the salvation of the world that the Father willed for My Mother to continue suffering My desolation on earth. Her suffering of

HOLY SILENCE

solitude was her continuation of My desolation, and it produced and continues to produce a shower of graces for the world.

*I desire for the souls that love Me to live their times of desolation united to Me and completely abandoned to the Holy Spirit. In this way, My hidden force will acquire the power of God to overcome the darkness in the world. **My Cross is not My Cross without the power of desolations lived with perfect faith.***

When Archbishop Francis Xavier Nguyễn Văn Thuận was locked away for thirteen years in Communist prisons, he learned the “secret” of walking in the darkness of suffering and seeming abandonment.

“Forgetting ourselves, we cast our whole being into what God asks of us in the present moment, in the neighbor he places before us, motivated only by love. Then, very often, we will see our sufferings vanish as if by some magic, and only love remains in the soul.” — Testimony of Hope, p. 93

5/20/22

2nd Nail, Patience, Soledad

John 15:9 “Remain in my love.”

Jesus continues to “give Himself fully” (#49) for me. He remains faithful to me every time I sin and am unfaithful. He remains to receive the thorns of my brokenness and inability to love Him as He has loved me. He doesn't leave; he doesn't reject me, criticize me, nor separate Himself from me. He remains in the solitude of the Tabernacle for me. He remains in the long-suffering of waiting as He thirsts for my love.

Now in the second nail of crucifixion, I am called to love as one with Christ. **I, too, must choose daily to “remain in love” by receiving**

the brokenness of souls and choosing to remain in patience, tenderness, mercy, compassion, slow to anger, and rich in kindness... I need to process my emotions, especially anger, frustration, disappointment, resentment, and sorrow, in silence and prayer and give them to Jesus. I need to choose what pleases Him, forgetting myself, which is to remain in love.

This daily struggle to choose to remain and continue to give myself fully to those most difficult begins to draw my soul into the “Soledad,” an interior desolation of heart that abandons her human desire to be loved the way she longs to be loved by creatures. God, in this second nail of crucifixion, hides from the soul to perfect her in love. Her self-love is dying. She must choose the “solitude” solely for the love of Christ to quench His thirst for love. This abandonment to live by giving love, the roses, and receiving the thorns eventually bears the fruit of joy (**John 15:11**).

“Love one another, as I have loved you.” (John 15:12) God has remained in love since the Fall. Salvation history proves that God is love. He continues generation after generation, to remain faithful to humanity even when humanity continues to be unfaithful. To become love, one with God, I must remain faithful through perseverance in living *The Path* He has given me. This process of the second nail is a gift from God to enter and live the Scriptures to greater perfection, becoming one with the Word of God.

2/5/23

*Remain in the desolation of the solitude I am blessing you with. **Remain in My sorrows, forgetting yourself so that your purification can be completed for God's glory.** It is in and*

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through this desolation that you will receive the power of the Holy Spirit to complete My Path.

8

SILENCE OF SELF-LOVE

My brothers and sisters, whenever you face trials of any kind, consider it nothing but joy, because you know that the testing of your faith produces endurance; and let endurance have its full effect, so that you may be mature and complete, lacking in nothing. James 1:2-4

The eighth form of holy silence is possessed by those who **rejoice in all things that serve their true good, even if they entail trials.** This is silence from false self-love.

3/14/19

I am making all things new

*Tell My family (LC) to pray for greater faith to **believe in the words I have spoken** (I understood His messages to us). If My words remain in your hearts, you will persevere through the many trials predestined for you to suffer for the glory of God and the salvation of countless souls. **I desire to see each of you rejoicing ALWAYS, in good times and in bad, because you have come to believe that I am with you.** You have come to taste the goodness of the Lord. **Joy is the fruit of trust, and therefore, My followers live in praise of God. My witnesses will be known in the world through the light of praise and joy that radiates from your lives.** My little ones, believe that amid this darkness, I am making all things new through you, with you, and in you. Proclaim what I have done in you (plural) through The Simple Path I have been leading you in. Go forth and be My disciples*

of Light, for the Light has already conquered the darkness.

12/19/21

Expansion of the tent of your heart, 2nd nail of crucifixion

*The expansion of the tent of your heart, as I previously said, is **a painful process because it requires a slow death of self.** You must be willing to **die to everything that is not of Me.** The Simple Path to Union with God is the path of dying to self.*

*My little one, I want to speak to you about the second nail of crucifixion. The first nail was a stripping, the circumcision of your heart. A **stripping of your attachments, expectations, desires, plans, goals...** The second nail is the **abandonment to live in the darkness of faith and hope.** It is the purification of your feelings and emotions. That is why I explained to you that life in the Most Holy Trinity is not necessarily connected to feelings but to the abandonment of God's Will that is revealed in peace and joy. The second nail of crucifixion is a dimming of your emotions and feelings so that you can enter complete abandonment to God. This process draws you into the bosom of the Father. It is a beautiful process in which the soul begins to **live the joy of perfect faith and hope detached from self.***

*The process from the beginning of My Path to the first nail of crucifixion is **a process of going deep, emptying, and cleansing.** The second nail begins the expansion of the heart. **As you abandon yourself in everything to My Will and choose to live every situation with trust in My love and the goodness of ABBA, you grow in abandonment, which expands your heart with Divine Love.** You no*

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longer live according to your feelings and emotions but in perfect trust in my love and mercy. You choose to live to please Me as one with the Father through the grace of the Holy Spirit and deny your own feelings.

The practice of living in continuous praise and thanksgiving in good times and in bad is very beneficial to help a soul persevere this process of death to self so that, more and more, it is God Trinity living in the soul. The inhaling and exhaling of praise and thanksgiving keeps the soul focused on the goodness of God and away from self. (#87, Path)

The fruit of the few that persevere living My Simple Path to Union with God will be the new Adams and new Eves of My new world order of Divine Love.

Hope is the driving force in the spiritual life. Without hope, we will not advance. We must have our eyes fixed on the attractiveness of the goal in order to endure the way of the Cross. It is the **promised joy that comes from union with God that serves as the foundational motive for following Christ.**

3/8/11

L.C. Prophets Preparing the Way for My Second Coming

You (Love Crucified, are My prophets of new, preparing the way for My second coming. I established My Church, giving birth to her Sacraments and ministers on the Cross. My Church, the vineyard, has become defiled with many corrupt ministers. I am sending you among wolves to cleanse My vineyard through the power of My Cross and Blood. Therefore, you must be clothed with humility

and purity and covered with the mantle of My Mother soaked in My precious Blood.

This Gospel parable (Mark 12:1-12) reveals your mission; the teachings are your preparation. If you each abandon yourselves simply (Conchita's Diary 124) to Me, I promise you I will grant you the grace of transformation. It is My new disciples that I Myself am preparing and training, united as ONE with the Holy Spirit and My Mother that will cleanse My Church and bring forth from the depth of My Cross the new Pentecost with the reign of the Immaculate Heart of My Mother. On your part, be docile of heart and give no resistance to the formation I am bringing you.

4/15/22

Good Friday

Hope amid suffering /Joy and sorrow kiss through faith & hope

My little one, all is still tonight. The darkness of Satan has penetrated the hearts and minds of countless souls; the darkness has entered families; he (Satan) is consuming My beloved Church. Mourn with My Mother as you wait with anticipation for the new dawn. My little one, it is coming very soon.

Luke 6:22-23 "Blessed are you when men hate you, and when they exclude you and revile you, and cast out your name as evil, on account of the Son of man!

Rejoice in that day, and leap for joy, for behold, your reward is great in heaven; for so their fathers did to the prophets."

I promise you, My little one, if you remain attentive in prayer, obedient to My voice guiding you (and the few little souls also listening to My voice), you will remain

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faithful when the tribulation knocks at your door. Your faith and hope will be anchored in My love crucified, and you(pl.) will shine My light of love as My living stars in this time of consuming darkness. I have sent My Mother of Silence, Peace, and Joy to help guide My little mustard seed. 3/1/22

A true sense of self-love desires a great reward in Heaven and is willing to overcome all obstacles to obtain it. One of the principal obstacles is the pursuit of our immediate gratification. The very nature of charity involves the longing for the good of others as though it were our own good.

7/17/23

In the Cloister of Mary's Heart

Living cloistered in Mary's Heart is a state of the soul who has entered union with God and no longer belongs to this world. She now lives in Mary's silence in her interior crucifixion with Christ. The gift of the soul's "long-suffering" continues to purify her of all resentments, frustrations, repulsions, disappointments, and anger, so that she is left in the union of sorrows with God. This state of union with God's pure sorrows lived with Mary, and in Mary is finally the union of Love.

The soul enters the **SILENCE OF RECEIVING**. She can receive the good, as well as the brokenness, sins, and oppressions of the other without feeling any resentment, anger, frustration, or disappointment. No human desire exists to agree, disagree, react, explain, or justify. The soul solely RECEIVES the other as the other is, and chooses only pure, undefiled love, God's fire of divine love. The soul now only desires to REMAIN in Christ's agony of love with

Him— consumed with the fire of divine Love and in the groans of His excruciating sorrows. There are no more words but only the SILENCE OF LOVE.

When Jesus's agony began, there were no more words from Jesus and Mary. Jesus entered the SILENCE OF RECEIVING all our brokenness into His Sacred Heart to GIVE us the outpouring of His precious Blood, the Sacrament of the Holy Spirit.

In the cloister of Mary's Heart, in her "Soledad," the soul enters the silence of God. The soul lives in God's grief, generosity, and waiting with expectant faith and hope. Love is transmitted through the silence of the gaze of "tenderness in mercy."

She lives now in the silence of having become Abba's "living white cloth" in Mary and with Mary, soaking up Jesus's Blood discarded by souls. This is perfect love, heaven on earth.

9/4/12

As I prayed the scourging at the pillar, Jesus said:

"Love bears all for the other"

My daughter, will you receive the lashes that will be inflicted upon you as ONE with Me for our sons and daughters?

Interiorly I saw Jesus being scourged. I came to Him and knelt in front of Him. I placed my hands over His bound hands. His gaze pierced through my being. He then said, **"Love bears all for the other."** Immediately the gaze of my Lord brought to my mind the thorn that had been piercing my heart with sorrow. In an instant, I felt and remembered all the people who had hurt me, and I was even aware of resentments in my heart of

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wounds that had not healed. As one with Jesus, I repeated, “Love bears all for the other.” I prayed to my Lord from the depths of my heart for all these people. My eyes never left His gaze, but I could constantly feel His Body being whipped and His Words, “Love bears all for the other,” consuming my being with love.

(See document, *Silence*, Silence of Receiving)

If we are not consciously seeking God as our supreme source of happiness, we will knowingly or unknowingly seek some created good. **Hope is the supernatural virtue that tells us that Heaven is the supreme good and that, although it is difficult to acquire, it is possible. We strive for it, despite all difficulties.**

False self-love consists in the egotistic clinging to ephemeral rights, reputation, or comfort to the detriment of the enduring spiritual goods.

3/2/21

I have found the Pearl of great value- poverty. Jesus Christ, my God, becomes poor. The perfect expression of His poverty is His obedience unto the Cross. He was crucified naked, the ultimate expression of His poverty. He voluntarily allows Himself to be stripped of all His glory and power. The poverty of His nakedness reveals my pride, vanity, sensuality, self-love...

When the treasured pearl of poverty is found in Jesus crucified, I must be willing to sell everything to possess this pearl. I must allow and cooperate with the Holy Spirit to strip me of everything that is mine - material things as well as the more difficult interior things: desires, expectations, securities (worldly as

well as talents...), opinions, plans, reputation, knowledge, a total abasement. This can only happen through the burning flame of the Holy Spirit. I become God's candle, and when the Spirit is stirred within my soul through my “Fiat” to be His victim soul, His flame begins to burn, and I begin to melt little by little. When the Spirit has melted me completely, I become one with Poverty- Jesus crucified.

Why is poverty the most treasured Pearl?
Through poverty, the soul becomes adorned
in the radiant purity of all the virtues.
Through poverty, her nakedness becomes
clothed in God, in His Light!
I have fallen in love with poverty!

Silence of self-love keeps us from presenting ourselves as the center of attention or as the one whom others should serve. It is the ability to lose ourselves by giving ourselves to God in the service of our neighbor.

12/19/21

The practice of living in continuous praise and thanksgiving in good times and in bad is very beneficial to help a soul persevere this process of death to self so that, more and more, it is God Trinity living in the soul. The inhaling and exhaling of praise and thanksgiving keep the soul focused on the goodness of God and away from self.

2 Cor. 4:8-18 “We are afflicted in every way, but not crushed; perplexed, but not driven to despair; 9 persecuted, but not forsaken; struck down, but not destroyed; 10 **always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies.** 11 **For while we live we are always being given up to death for Jesus' sake, so that the life of Jesus may be manifested in**

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our mortal flesh. 12 So death is at work in us, but life in you. 13 Since we have the same spirit of faith as he had who wrote, "I believed, and so I spoke," we too believe, and so we speak, **14** knowing that he who raised the Lord Jesus will raise us also with Jesus and bring us with you into his presence. **15** For it is all for your sake, so that as grace extends to more and more people it may increase thanksgiving, to the glory of God. So we do not lose heart. Though our outer nature is wasting away, our inner nature is being renewed every day. **17 For this slight momentary affliction is preparing for us an eternal weight of glory beyond all comparison, 18 because we look not to the things that are seen but to the things that are unseen; for the things that are seen are transient, but the things that are unseen are eternal."**

True self-love consists in an imitation of Jesus Christ, who "came not to be served but to serve, and to give His life as a ransom for many" (**Matt. 20:28**). The Eternal Word emptied Himself and took on the form of a slave (**Phil. 2:7**). In His Passion and death, Christ gives the perfect example of the proper ordering of love. The four things that we generally seek for our selfish enjoyment—**pleasure, power, prestige, and possessions**—**Jesus freely renounced for the sake of our redemption. He was completely stripped of every possession, nailed powerless to the Cross, and subjected to the greatest shame and the cruelest suffering.** He looked not to temporal goods but to the will of His Heavenly Father and to our needs. **He gave it all.**

1 Peter 2:20-21 "For what credit is it, if when you do wrong and are beaten for it you take it patiently? But if when you do right and suffer for it you take it patiently, you have God's

approval. **21** For to this you have been called, because **Christ also suffered for you, leaving you an example, that you should follow in his steps."**

5/17/22

*On earth, you can begin to live in God's glory
My little one, heaven is the glory of God.
Heaven is living consumed in God Father
through your union with Me. Heaven is living
for all eternity in the Light, which is God. The
Light, which is perfect Love. Everything is
glorious. Everything is beautiful. There is
only perfect joy, peace, overflowing love, and
gratefulness for the goodness of God. I
"invite you to come and see" because, on
earth, you can begin to live in this glorious
state through Me, with Me, and in Me, even
though it is still a very limited state compared
to heaven.*

(I asked Jesus why I don't see the glory of God, the new Jerusalem, before my eyes.
(message from 11/16/10)

Jesus said, ***Self-love.***

Self-love is the veil, with many layers, that keeps me from seeing God in all His glory working in every instant of my life, fully present continuously.

The Gospels point out **Christ's response to those who falsely accused Him: "Jesus was silent"** (**Matt. 26:63**). This fulfilled the prophecy of Isaiah: "he was oppressed, and he was afflicted, yet he did not open his mouth; like a lamb that is led to the slaughter, and like a sheep that before its shearers is silent, so he did not open his mouth" (Isa. 53:7). **Christ, we know, did this not because He could not defend Himself but to leave us an example, a heroic example, of silence of self-love.**

HOLY SILENCE

Unfortunately, we tend to be so self-defensive that we close ourselves even to those who seek to provide us with much-needed fraternal corrections. This self-justification is an exercise of false self-love. It is false because it does not seek our true good but only what is pleasant or easy.

(5/16/22) 5/17/22

Acts 14:22 “It is necessary for us to undergo many hardships to enter the kingdom of God.”

Revelation 21:7 “He who conquers shall have this heritage, and I will be his God, and he shall be my son.” We are given the grace through the power of Jesus’ passion, death, and resurrection to conquer daily the many battles and challenges within ourselves and our relationships with others. “My disciples must deny themselves daily, pick up their cross, and follow me.” The daily battle to deny ourselves falling back into our wounds, believing the lies, battling fear, anxiety, our many disordered tendencies, denying our desires, expectations, and attachments, choosing to love those most difficult people in our lives and the demanding situations, not reacting from our emotions, etc. These are the “many hardships” that Christians must be willing to undergo to enter the Kingdom of God. We are not alone in conquering our many daily hardships; Christ is with us: *My Words spoken to each of you are a continuous reminder that God is with you, present in your individual lives.*

St John of the Cross:

Do not excuse yourself or refuse to be corrected by all. Listen to every reproof with a sincere countenance and think that God utters it.

St. Bernard of Clairvaux:

There are three ways of responding to injustice. The first is to react angrily. This is the response of the devils and their followers. The second is to respond with patience. This is the response of the lukewarm. The third is to react with joy. This is what the perfect do, for God loves a joyful giver.

The silence of false self-love is expressed in joyfully doing things for which we receive no recognition.

5/31/11

Through the hidden life of the MOC, My army of holy priests will be raised up. The MOC are the joy in heaven. They are the purest servants of the Father. It is through the hidden life of the MOC that My army of holy priests will be raised up. These spiritual mothers will live the tears and sorrows of their hearts, united as one with My Mother of Sorrows. It is My Mother’s sorrows that continue to shower grace upon the world, and as My MOC unite as one with My Mother, the shower will become a living torrent of grace. Therefore, each MOC must be perfected in living her hidden ordinary life with all its trials, sorrows, exhaustion.... with pure love, and in this way, she will find her joy; the joy of knowing that she is participating in the hidden sorrows of My Mother for the salvation of many souls. Allow My Mother to form each of you, My daughters. It is Rosa Mystica that wants to form your gentle hearts. Mary reveals the sorrows of her pierced Heart that continue to remain hidden and the roses of prayer, sacrifice, and penance. You must imitate Mary in this way. Your lives will become the sweet fragrance of prayer, and your sacrifices

HOLY SILENCE

*and penances will be lived in the most ordinary of your duties as women. **Your lives as My victims of love will go unnoticed by the world but seen by the eyes of the Father.** He will use your hidden lives of love to humble the proud. Know that you are My consolation.*

12/21/18

It is love that will establish the Kingdom of God on earth.

Yes, My little one, I came, yet I remain unknown by the multitude. I remain unloved, unwanted, unappreciated.

Forgiveness

It is a bad sign when times of silence and prayer only give us occasions to ruminate on the offenses committed against us rather than meditating on God and His infinite love for us.

In offenses, both large and small, we must invoke the powerful Name of Jesus to ask for the grace to forgive every offense committed against us. Otherwise, the **noise of false self-love** will reign in us.

9

SILENCE OF THE SPIRIT

Silence of the spirit is needed for the cleansing of our spirit. Purification can be achieved in part through our **active exercise of mortifications and renunciations**; but the full refinement of our spirit is brought to perfection through what are called *passive purifications*, **in which we abandon ourselves more exclusively to God's activity.**

Wonder and the pursuit of understanding the Faith

The first fundamental attitude that disposes us to God and His plans is *wonder*. It is also the origin of our quest for God. Wonder is a complex sentiment involving surprise, bewilderment, awe, and, most importantly, the expectation of a solution to our puzzlement. When Mary asked St. Gabriel, "How can this be?" She was not in any way expressing doubt but was searching for a response to understand the meaning of the angel's message. Zechariah, on the other hand, asked the same question: "How can this be?" As an expression of disbelief. It is saying, "That does not make sense to me; therefore, it does not make sense at all."

9/18/11

"My soul proclaims the greatness of the Lord."

*"My soul proclaims the greatness of the Lord." My little one, the first words from the mouth of My Mother as she enters the home of Elizabeth. Ponder these words with Me. **My Mother lived her life in praise of the Father. She lived in the constant awareness of Who the Father is. Her soul was in a constant state of awe.***

5/11/21

This is what I feel it means to live consumed in the embrace of the Holy Spirit in the mystical incarnation of the Trinity in my heart and soul:

It is a bowing down, a submitting constantly to the sovereignty of my God. In every moment, I bow down on my knees and submit to my God. Living in the embrace of the Holy Spirit is living in the constant awareness of who I am- nothing- and in the holy presence of God Almighty. It is a state of being in which I live continuously my

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“lowliness” in awe of God's power, majesty, goodness, kindness, mercy, and love.

Doubt results in an unholy silence because it brings to an end the discussion regarding the truth of God. **Wonder** causes an initial perplexity, but it leads to the holy silence of resting with trust in the Divine Wisdom.

11/28/22

Fear and Hiding

*My little one, fear that leads to hiding is part of the fallen human condition because of original sin. The human soul was created by God to live in Love and to experience the consuming peace and joy of being loved by the Father, Son, and Holy Spirit. When **Adam and Eve sinned by choosing to doubt God's love**, they separated themselves from God; thus, they hid from the God that created them and loved them. Original sin brought the fear of God and hiding into humanity.*

*I, the Second Person of the Trinity, the Son, came into the world to restore humanity in the Father's love through My perfect sacrifice of love. You **must understand your fallen condition and tendency to fear being rejected, abandoned, not loved, and embraced, and therefore, to hide to avoid being hurt. Give Me your fears.** Come out of hiding and face Me. **Receive from Me the grace of the divine embrace—being known, cherished, and loved in your misery by Abba, who knows all and sees all.** Accept the suffering on earth of being rejected, mocked, misunderstood, calumniated, ridiculed, ignored, and unloved with Me and for Me. **Living life on earth to its fullness is knowing and living in God's love and accepting the continuous suffering of living***

amid human beings mostly incapable of loving unconditionally.

Encountering Love moves you to live in God's embrace while receiving the brokenness of others and suffering for them as one with Me because of Love. This is the fullness of life here on earth.

8/10/23

God is leading us into the “land of milk and honey”

*The time has arrived for the glory of God to be seen by the multitudes. This divine revelation will set the world on fire with the justice of the Father, for He is Love. Believe you are My little ones held in the Father's palm to confound the mighty ones in the world. God's power and majesty will act through His remnant victim souls past, present, and future. **Know and never doubt that you have been chosen and prepared for this time of salvation history. Live every moment of your life in gratitude to God, who loves you and is with you.** Prepare My little mustard seed through perseverance to live the Path I have been leading you in.*

Remain in silence and prayer, meditating My Words,** for God loves you and desires to work through your littleness to reveal His greatness and goodness. Be docile and perfectly obedient to My every Word. Live in perfect faith and hope in the God who loves you and is walking with you these perilous times, never to abandon you, but rather lead you into the land of milk and honey (Ex 3:8, Lev 20:24, Num 14:8, Deut 11:9, Josh 5:6, Ezek 20:15). **Remain in my peace

Meditation on creation

The first level of the silence of the spirit through meditation is based upon a natural communion with God, achieved by pondering the wonders of nature.

Meditation on the mysteries of faith

The next level of meditation forms a communion with God through reflection on the mysteries of faith. This prayer is called *recollection* because the soul collects its faculties and enters within itself to be with God.

Passive purification

Painful emptiness is not the goal of our spiritual life, but it is the condition needed to eventually be filled.

“Blessed are those who hunger and thirst for righteousness for they will be filled”
(Matt.5:6).

St. Thomas Aquinas:

In order that the just who bear fruit may bear still more, God frequently cuts away in them whatever is still superfluous. **He purifies them by sending tribulations and permitting temptations in the midst of which they show themselves more generous and stronger.** No one is so pure in this life that he no longer needs to be more and more purified.

The goal is to come to the full acceptance of the motto, *God alone suffices*.

10

SILENCE OF JUDGEMENT

Do not judge, and you will not be judged; do not condemn, and you will not be condemned. Luke 6:37

Silence of judgment consists in humbly recognizing the true limitations in our capacity to make affirmations. Harsh judgments, hasty judgments, judging things we have no right to judge, and obstinacy in judgment regarding matters that are within the realm of opinion or suspicion are examples of the disorders that this type of silence seeks to overcome.

Simple Path p. 200:

Wounds and lies lead us to many tendencies: To compare ourselves, to segregate, and to judge others. When we “**compare**” ourselves to others, we end up feeling inadequate, unworthy, anxious and insecure. We then put on masks to portray outwardly what we think we ought to be in order to be loved and accepted. We also fall into “**segregation**”: We separate from God and each other. Think about the consequences of segregation in our country—anger, hatred, division, deep wounds, and suffering. We, too, can live segregation in our hearts and suffer the same effects. **When we feel hurt by people, we tend to separate ourselves from them emotionally and physically. Murmuring (complaining) and lies follow immediately.** These are defense mechanisms we learned at a young age to enable us to bury our wounds and justify our false self-image. We fall into this trap because we have not come to believe the truth of who we are in God.

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Another tactic of the enemy is to incite us to judge. Pope Francis explains:

It is certainly not an easy road, which “begins with blaming oneself, it begins from that shame before God and from asking forgiveness from Him.

Conforming to the mind of the Church

The way to practice silence of judgment in the realm of faith issues is by striving to feel with the Church—that is, to have a sense for the true mind of the Church. What has been the Church’s teaching or practice or attitude over the centuries? It is not a question of what one particular bishop or pope has taught. It is about knowing the official, constant teaching founded on Scripture and Apostolic Tradition.

The tendency to obstinately form judgements that are based on our own inclinations, without a serious consideration of what is the true mind of Christ and His Church, destroys unity.

This is one of the most challenging forms of silence. It demands a real dying to ourselves, detaching us from one of our dearest possessions—our precious opinions. But it is a dying that must be done in order that we may put on the mind of Christ (1 Cor. 2:16).

Judgement of other people

There is a need for great reserve and humility in taking a position or forming an opinion concerning the intentions, culpability, or motives of other people.

Our wounded human nature commonly misunderstands or misinterprets what others say. This leads to suspicions and harsh judgements. Because of our tendency to jump to hasty conclusions in the formation of harsh

judgements, it is especially necessary to work directly against this tendency by means of striving to extend the measure of mercy towards others. In this way, we can begin to practice the first type of silence of judgement.

11

SILENCE OF THE WILL

We know that all things work together for good for those who love God, who are called according to his purpose. Romans 8:28

The Cross is the universally recognized symbol of the Christian faith. That is to say, **the most defining incident of our Savior’s life consisted in His patient and loving endurance in the face of what others did against Him.** St. Thomas Aquinas points out that the chief act of the virtue of fortitude does not consist in attacking evil, but in the patience of preserving endurance of evil.

As His disciples, we are called to follow Jesus in this same dynamic: to take up our crosses every day and follow Him. This involves the faith and courage to say, “Not my will but Yours be done” even when we meet with suffering. **The conformity of our will to the will of God in all things, being obedient even to death, death on the Cross (Phil. 2:8), is the great challenge of the silence of the will.**

The corruption of religion in general, and Christianity in particular, consists invariably in some form of sorcery. Sorcery essentially consists in the use of formulas, rites, or techniques performed for the sake of forcing God to do our will. This is found not only in witchcraft, the waving of wands, but also in various forms of pious superstition, such as the custom of hanging a rosary in a tree so that it

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will not rain, burying a statue of St. Joseph upside down in the ground in order to sell a piece of property, or the elaboration of systems of prayer (just the right number of novenas or litanies) in order to coerce God to do what we think best.

The clause that must necessarily be present in all prayer is that which was on the lips of Jesus in the Garden: **“My Father, if it is possible, let this cup pass from me; yet not what I want but what you want” (Matt. 26:39)**. The acceptance of God’s will is the path to true peace in our hearts. It is the peace that is found fully only in the open heart of Jesus Christ on the Cross.

The practice of the silence of the will presents the challenge of maintaining an equilibrium of soul even in the experience of evil— whether on the level of our personal confrontation with temptation and our own sinfulness or on the level of the injustices, scandals, and horrors that affect us or others whom we love. The exercise of this form of silence keeps us from the extremes of indifference or presumption on one side and excessive anxiety or despair on the other.

3/16/21

Calm Dignity

The time is quickly approaching in which you will be judged as My followers. Do not be afraid, My little one, for I have walked this path before you. You, too, will approach your persecutors with “calm dignity.” The time draws near for the great sifting of mankind. All will have to choose to believe and follow Me or forsake Me and walk away. The few that remain faithful to their God and Savior will usher in the Eucharistic Reign of My

*Kingdom, but before this takes place, much blood will be shed. My little one, prepare My mustard seed for the great shake-up so that **my remnant of followers can give Me testimony through their calm dignity amidst great adversity**. Know that I am with you, guiding you and filling you with My life. Continue to persevere as My prophet of these end times. Go in peace, beloved of My Heart.*

The practice of silence in relation to our own sinfulness

Spiritual combat is to be expected in this life. Battle is a common experience for those who are faithful followers of Jesus, as the Bible tells us, “My child, when you come to serve the Lord, prepare yourself for testing” (Sir. 2:1).

The way to survive battle is through steadfast trust, clinging to the Lord, not being alarmed when calamity comes. **We must flee from any form of anxiety of heart or anguish of soul, for they lead us to doubt God’s mercy or the power of His grace to help us to overcome the assaults of the tempter.**

8/6/22

Remain in stillness & prayer for the world will be shaken at its core

*My little one, we have become one because you have listened to My voice and followed Me along the path to new life. My love now is consuming you more and more, but you cannot rely on emotions but on pure faith. The consuming fire of the Most Holy Trinity will be your light in the darkness. **Remain, My little one, as much as you can in stillness and prayer, for the world will soon be shaken at its core**. All nations will be affected. You must **remain attentive to Me***

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amid great tribulations and confusion. I will remain guiding my mustard seed, but guard your hearts against fear and anxiety. The darkness of Satan will not overcome the world, that is why Justice must act.
(I asked the Lord a question)
He said, *today you gave in to the distractions of the world. (I bought myself some new clothes). It is a time of intense preparation; you must pray more for souls, for many will despair when the thief knocks at their door. Peace is the gift I give to you(pl) but the gift of peace requires a soul to be connected to Me as the branches to the vine. Mortify your distractions with material things so that your soul can remain continuously attentive to Me. Practice greater discipline for Me, for I desire to have all of you.*

Fr. Frederick Fabre wrote:

He who is truly humble is never astonished at his falls. He knows that man is so feeble he can do nothing without the assistance of God. So he asks the divine aid, detesting his sin with a heart at once tranquil and contrite; and rising from his fall with courage and diligence, he renews his course with fresh fervor.

God knows our weakness, yet He calls us to union with Himself. **This union is not dependent on our complete freedom from imperfections but on our faith, hope, and charity.** Sincere contrition is the expression of the peaceful silence of our will when confronted with our sinfulness. We can win this battle only by using the **peaceful silence that comes from trust as one of our spiritual weapons.** Though our struggle makes us pass through the dark valley of our human misery,

we fear no evil, for our God fights for us (**Josh. 23:10**).

4/11/23

Long Suffering

My little one, you each have been given by God a long-suffering by which God desires to make you His saints of the end times. Through the grace of long-suffering, you are perfected in love if you allow the Spirit to bring into the light of your conscience the darkness that lives in each of your hearts. This process of purification through long-suffering is needed to become God's saints that possess His power to defeat Satan and his principalities. Abandon yourselves to Me in your long and daily sufferings. Depend solely on Me to lead and guide you and trust totally in the God who loves you and desires to envelop you in His glory.

Silence in relation to injustices

A very fundamental lesson of divine revelation is that God works by means of secondary causes. He realizes His plan even through the malice of demons and the envy of men. When the patriarch Joseph was sold into slavery, clearly the cause was the sinful malice and envy of his brothers. But years later, when he revealed himself to his brothers, he said, “God sent me before you to preserve life... it was not you who sent me here, but God” (**Gen. 45:5, 8**).

When the devil robbed Job of his sons and daughters, his flocks and herds, and his health, his response was, “God has given, God has taken away; as it was according to His good will it has happened. Blessed be the name of the Lord!” (**Job 1:21**). The greatness of Job’s

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faith saw beyond the secondary causes, to see the love of God.

So does God want to frustrate us? Torture us with such things? Make our lives miserable? No! he wants us to discover that happiness that the world cannot take from us. **He wants us to be made perfect and to learn obedience by what we suffer—to be conformed to the image of His Son (Matt. 5:48; Heb. 5:8, Rom. 8:29).**

8/2/13

My victim intercessors need to be purified in the fire of many sufferings.

*God the Father: I, the God of heaven and earth, am with you. I have heard your cries. It is I, My little one, who has chosen you to raise up My army of victim souls. This is My army which possesses My power. **Believe in the power of your sorrows immersed in the Sacred Heart of My Son. Suffer all with perfect faith in the power of Christ's crucified love. Suffer with patient endurance. The Kingdom of God is at hand...** My victim intercessors need to be purified in the fire of many sufferings.*

Until we recognize the loving providence of God present in every moment of our lives, without exception, and learn to accept it with gratitude, we will be frustrated, and irritated and never advance beyond the first grade of the spiritual life.

2/24/11

Cross is your sole wealth and happiness on earth

My daughter, My Cross without Me is nothing but agony; My Cross with Me is new life. I came, My little one, to bring to you new life. Your life without the saving grace

of My precious blood is death and darkness. I came to restore you to your original state of grace as a daughter of the Father; a daughter who is pure and holy as God is pure and holy, a daughter created for Love and to be love, a daughter to reflect and radiate the beauty of God Himself. The Cross is your sole wealth and happiness on earth because it is your path to new life.

This does not mean that we should not fight injustice with all our passion or flee from ugly and disordered situations. It means that when we cannot escape present evils, we should seek to use our God-given dignity as members of the common priesthood of Jesus Christ to transform ugliness into a source of grace and blessing.

The Hidden Place by Corrie ten Boom, p. 115-116:

Corrie and her sister Betsie were thrown into prison by the Nazis for hiding Jews in their house. The circumstances of the prison were horrible. From there, the sisters were sent to the horrifying agony of a concentration camp. After a time, they were transferred yet again, to a far worse extermination camp. The conditions were altogether hellish: overcrowded with backed-up latrines and flea infestations. Betsie was determined to thank God for everything. She encouraged Corrie to offer a prayer of thanksgiving for each horrible detail of their misery. Corrie reluctantly went along with the prayer, until it came to the point of thanking God for the fleas. For Corrie, this was going too far; yet Betsie insisted, and so they also thanked God for the fleas. With this attitude of the acceptance of God's Providence, Betsie managed to introduce into the camp a ray of hope. She gathered the women to pray and

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sing spiritual hymns in the evenings. This began to transform that living hell into something a little more bearable. These prayer meetings went on for some months and were never contested by the guards. It was only later that they discovered the reason the guards never entered into their barracks to interrupt their prayer meetings: the fleas. It was because of the infestation of these insects that those ladies were allowed that consolation. Accordingly, Corrie came to recognize that they truly did have good reason to thank God for the fleas.

The scandal of evil

This type of silence is also what defines our attitude toward the scandal of evil on the great scale: moral depravity on a worldwide scale, the trafficking of women and children, the Holocaust, tsunamis, earthquakes, pestilence, and so on.

8/22/22

Meekness

*The ways of the world are not the ways of God. Learn from Me, for I am meek and humble of heart. My meekness flows from who I am— Love. Because I love you, I am willing to suffer all your brokenness. Because I love you, I continue to gaze upon you with tenderness in mercy. Love is meek and humble. **Meekness does not react from anger but transforms the anger into patient endurance solely for the good of the other.** To desire solely the Cross is to be meek and humble of heart. **Meekness is the virtue that clothes you in Christ's calm dignity amid persecution. Meekness is attained by the souls who persevere suffering all with Me as I have taught you. Meekness is attained by those trained to keep their gaze upon My Love crucified during the trials and***

sufferings of life. It is the fruit of the few who choose to walk the narrow path of My passion with their gaze fixed upon Me, the Lamb of God who voluntarily lays down his life solely for love.

St. John of the Cross:

Strive to preserve your heart in peace, and let no event of this world disturb it. Reflect that all must come to an end.

St. Catherine of Siena, upon recognizing the loss of souls, the persecutions of Holy Church, and the grave offenses committed against God, said that “all this lighted the fire of her holy desire with grief for the offenses, and with the joy of the lively hope, with which she waited for God to provide against such great evils.” Here we find a description of the complex emotions that combine at once the **feelings of great sorrow with the joy of hope. It is in this delicate balance that we find a true silence of our will.** St. Catherine says, “Everything comes from love, all is ordained for the salvation of man, God does nothing without this goal in mind.”

5/30/22

I will not abandon you during the time of great destruction.

*I, your God, who loves you, will not abandon you during the time of the great destruction. You will suffer greatly, for the chastisement of the world will touch all people, but you, my little ones, will persevere in faith and hope because I am your God and will remain with you. Suffer all with Me as I have taught you for the salvation of many souls, and in time, the new Jerusalem will be established on earth; a time of peace and joy upon the earth to give all glory and honor to God. **Remain in your***

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desolation that I am permitting, trusting that I am making all things new through My faithful remnant of hidden victim souls. Only through this hidden martyrdom of heart, united as one heart to My Mother of Sorrows, will my priest sons become the new men of My Kingdom on earth. Remain in peace and silence your time of desolation.

The key to this type of silence is trust in God, even in the darkest and bitterest of trials. It is the silence that comes from an ultimate abandonment of our own judgement and a clinging to God alone in the bare trust of dark faith.

12/14/11

Faith:

Your faith is perfected in suffering and trials. Perfect faith is complete abandonment to My Father's will in all things through your union in Me. Therefore, your growth in faith is dependent on the abandonment of your will to Me and also on your knowledge of My perfect love for you. The shedding of layers of attachments to your will, which is self-love, takes place as you begin to trust in My love for you. This is why suffering all your sorrows with Me is so beneficial for your soul, because in that process, you touch the open wounds of My love for you. This perfects a soul quickly in abandonment and trust until you come to experience all, the good and what you perceive as bad, as a gift of My love for you. The gift of knowing with your mind, heart, and soul that the love of God only desires to make of you the new creation you were created to be from the beginning of time, a creation in the image and likeness of God as holy sons and daughters of the Most High. This is why I came upon the

earth, to set you free from the bondage of sin and to make of you a new creation and draw you into the ONENESS of the Most Holy Trinity to experience holy bliss for all eternity. What greater love is there than this?

An example from the English mystic Julian of Norwich:

The English mystic Julian of Norwich lived in the century in which the papacy was transferred to France. Two antipopes were running around, the Black Death was killing a third of the population of Europe, and the Hundred Years' War was raging — among other issues that marked this period. In view of the overwhelming evil of sin and suffering in the world, Julian began to question the possibility that good could come from so much evil. In response to her questioning, Jesus said to her, “All shall be well. . . . You yourself shall see that all manner of things shall be well.” Julian kept pondering how it could be possible for all things to be well in the end. Then she concluded:

The cause is this: the reasoning we can use now is so blind, so low, and so simple that we cannot know the lofty, marvelous wisdom, the power, and the goodness of the Blessed Trinity. That is what He means when He says, “You yourself shall see that all manner of things shall be well.” It is as if He said, “Take heed now, faithfully and trustfully, and at the last end you shall see it in truth[...]

In humility, we must recognize that our intellect is too limited and too blind to see how all things can work for the good.

HOLY SILENCE

12/27/20

A new dawn for My Church and world

My little one, My passion has begun again for My Body, the Church. It is a time of intense silence and suffering. My Body, too, will be stripped of all her earthly glory. She, too, will be made naked before the world. Her members living the passion as one with Me, her Head, will obtain My Body's sanctification. Her glory will shine like the radiance of the sun through the purity of its few victims of love, and these few, united as one in My sacrifice of love, will usher in the new dawn for My Church and world. Know that I have found favor with you and my little mustard seed of Love Crucified. Persevere in My Love crucified.

In the end, **silence of will is obtained when we learn to take to heart the exhortation “Be still, and know that I am God!”** (Ps. 46:10).

6/29/21

Much of the earth will be destroyed like Sodom and Gomorrah

The Lord asked me to continue reading the scriptures on Abraham, so I continued reading from Genesis 18:

Much of the earth, My little one, will be destroyed like Sodom and Gomorrah, but not all; there will remain My remnant of faithful souls. Do not be afraid, for God is with you, guiding you and protecting you. You, like Abraham, have found favor with God. From this great purification will come forth a new earth.

(I stopped writing to pray, asking my Lord to protect me from myself or Satan with these words. Asking my God, how can he destroy whole nations with so many people?)

My little one, trust in God's goodness and mercy, for His ways are perfect. The time draws near, my little one, please remain attentive daily to Me, for we are making all things new according to God's plan. Be still, be silent, be attentive to the voice of your God who is guiding and forming you.

12

THE SILENCE OF UNION

For God alone my soul waits in silence; from him comes my salvation. He alone is my rock and my salvation, my fortress; I shall never be shaken. Psalm 62:1-2

This silence involves “being silent” with God, resting in Him. This is not a silence that proceeds from the soul. Rather, the soul is *in silence* because God has enveloped the soul entirely in Himself so that the soul finds its delight in the possession of Him.

7/21/10

Silence is the embrace of love between a soul and God.

Prior to union with God, all the desires of man's heart, spirit, and body are ultimately a thirst for God, as expressed by the psalmist:

O God, you are my God, I seek you, my soul thirst for you; my flesh faints for you, as in a dry and weary land where there is no water. (Ps. 63:1)

St John of the Cross:

This [union] exists when God's will and the soul's are in conformity so that nothing in the one is repugnant to the other. When the soul completely rids itself of what is repugnant and unconformed to the divine will, it rests, transformed in God through love. . . . A man makes room for God by

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wiping away all the smudges and smears of creatures, by uniting his will perfectly to God's; for to love is to labor to divest and deprive oneself for God of all that is not God. When this is done the soul will be illuminated by and transformed in God. And God will so communicate His supernatural being to it that it will appear to be God Himself and will possess all that God Himself has.

7/17/23

The Silence of Unity- 3rd nail

*I am consuming you, My beloved spouse.
The two have become one, no longer two.
Thank the Holy Spirit and My Mother, for
this is the work of the Spirit, to unite you to
the communion of the Most Holy Trinity,
through union with Me, Love crucified.
Now you are living the grace of the third
nail of crucifixion— the interior martyrdom
with Mary solely for Love. If you remain in
the silence of this martyrdom of Love, you
will experience the mystical incarnation—
the indwelling of the Most Holy Trinity in
the temple of your feminine heart, thus
participating as God's temple, in the
restoration of His Bride, the Church. **The
great work of redemption is accomplished
in the silence of unity with God.** Persevere
in silence, My little one.*